



Parish Priest: Fr Shabin Kaniampuram IVDei
Pastoral Associate: Mirella Pace (Wed/Thurs 9-2pm)
Financial Administrator: Margaret Harrington (Mon/Fri 9-2pm)

Assistant Priest: Fr Peter Nguyen
Parish Secretary: Liza Powell (Tues 9-3pm /Thurs 1-4pm)
Emails: adminANT@cam.org.au email: financeANT@cam.org.au

ST MARY'S THORNBURY

1 Rossmoyne Street, Thornbury 3071
Email: thornbury@cam.org.au
Italian Coordinator:
Maria Zaccardi (Thursdays 9am-3pm)
Principal: Christopher Ray | Ph: 9484 5333

Follow us on Facebook
and Instagram.



Reconciliation Times

10.30am Saturdays – St. Mary's
4.30pm Saturdays – Holy Spirit
5.00pm Saturdays - St. Joseph's

MASS TIMES

St. Mary's Thornbury

Sunday: 10.00am English/Italian
5.30pm English

Weekdays: Wednesday, 9.15am
Italian

St. Joseph's Northcote

Saturday: 5.30pm

Sunday: 11:00am Eng/Italian

Weekdays: Tuesday, 9.15am English

Holy Spirit Thornbury East

Saturday: 5.00pm

Sunday: 9:30am

Weekdays: Thursday, 9.15am Italian

St. Anthony's Alphington

Sunday: 9.00am Italian

11.00am English

Weekdays: Friday, 9.15am English

FEAST DAYS IN THE WEEK

12 Aug: St Jane Frances de Chantal

13 Aug: Sts Pontian & Hippolytus

14 Aug: St Maximilian Kolbe

15 Aug: The Assumption of the Blessed
Virgin Mary

16 Aug: St Stephen of Hungary

Recently Deceased

Biagio De Petro (Funeral Weds. 14 Aug
at 11.30am Rosary followed by Mass);
Giuseppa Petulla; Armando Pacella;
Layla Taouk.

Anniversaries

Vincenzo Friguglietti; Peter Dytor;
Silvio Gatto; Ennio Biachin; Antonietta
Baschiera; Hanna Tunsie Peters,
Mtonios Ibrahim Fakhry and Hanna
Hassib Harb; Rina Cappozzo; Peter &
Saba Kairouz; Maria Snr Kairouz
Sarda Khalil; Zena Taouk ;
Andy Anderson.

ST. JOSEPH'S NORTHCOTE

140 Westbourne Grove, Northcote 3070
Principal: Mary Kearney | Ph: 9481 7166

Partnership Parish Office Address

45 Railway place Alphington
P.O.Box 85 Fairfield 3078
Office Number 9484 2907
Office Hours Mon-Frid 9am-2pm

PARISH OF HOLY SPIRIT AND ST ANTHONY'S

45 Railway Pl, Alphington VIC 3078
Supporting Priest: Monsignor Tom Doyle
Pastoral Worker: Pauline Egan
Principals: Rob Costin, Holy Spirit Primary School,
197 Clarendon Street, Thornbury East | Ph: 9480 0391
James Casey, Anthony's Primary School,
52 Austin Street, Alphington | Ph: 94897936

www.melbatholic.org/s/hosan

19 Sunday in Ordinary Time Year B

10/11 August 2024



We welcome the Youth to the Youth Mass at 5.30pm at St Mary's church.
May the Lord bless and guide them in their studies and in their journey of
Faith.



Jesus Bread of Life

In his homily for the 19th Sunday in
Ordinary Time Year B, Bishop Robert
Barron speaks about the importance of
spiritual nourishment. He recounts his



experience of hitting the wall during a bike trip, emphasizing how essential food
and drink are for physical strength. He compares this to our spiritual needs,
using Elijah's story and the Gospel of John to highlight the necessity of the
Eucharist. Bishop Barron urges us to feed our souls with prayer, spiritual
reading, works of mercy, and most importantly, the Eucharist, which sustains us
for eternal life. Check out his homily on.....

<https://young-catholics.com/3357/19th-sunday-in-ordinary-time-year-b/>

Coming soon our second Alpha!

Commencing 8 October. Invite your family and friends to
attend. See you there! Register via form at each church or
by calling Parish Office 9484 2907



This parish has a commitment to ensuring the safety of children and vulnerable people in our community.



First Reading

1 Kings 19:4-8

A reading from the first book of the Kings
Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God. The Word of the Lord.

All: Thanks be to God.**Responsorial Psalm** Ps 33:2-9**R. Taste and see the goodness of the Lord.**

1. I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. R.

2. Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. R.

3. Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. R.

4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. R.

R. Taste and see the goodness of the Lord.**Second Reading**

Ephesians 4:30 - 5:2

A reading from the letter of St Paul to the Ephesians
Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.
Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.
The word of the Lord.

All: Thanks be to God.**Gospel Acclamation** John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever. Alleluia!

Gospel

John 6:41-51

A reading from the holy Gospel according to John

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day.

It is written in the prophets:

They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father.

I tell you most solemnly, everybody who believes has eternal life.

I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die.

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;

and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.**Next week's readings: 20 Sunday in Ordinary Time**

Prov 9:1-6

Psalm 33: 2-3, 10-15

Eph 5:15-20

John 6: 51-58

Prima Lettura

1Re 19,4-8

Dal primo libro dei Re

In quei giorni, Elia s'inoltrò nel deserto una giornata di cammino e andò a sedersi sotto una ginestra. Desideroso di morire, disse: «Ora basta, Signore! Prendi la mia vita, perché io non sono migliore dei miei padri». Si coricò e si addormentò sotto la ginestra.

Ma ecco che un angelo lo toccò e gli disse: «Àlzati, mangia!». Egli guardò e vide vicino alla sua testa una focaccia, cotta su pietre roventi, e un orcio d'acqua. Mangiò e bevve, quindi di nuovo si coricò.

Tornò per la seconda volta l'angelo del Signore, lo toccò e gli disse: «Àlzati, mangia, perché è troppo lungo per te il cammino». Si alzò, mangiò e bevve. Con la forza di quel cibo camminò per quaranta giorni e quaranta notti fino al monte di Dio, l'Oreb. Parola di Dio

Tutti: Rendiamo Grazie a Dio**Salmo responsoriale****Sal 33****Rit: Gustate e vedete com'è buono il Signore.**

1. Benedirò il Signore in ogni tempo, sulla mia bocca sempre la sua lode. Io mi glorio nel Signore: i poveri ascoltino e si rallegriano.
2. Magnificate con me il Signore, esaltiamo insieme il suo nome. Ho cercato il Signore: mi ha risposto e da ogni mia paura mi ha liberato.
3. Guardate a lui e sarete raggianti, i vostri volti non dovranno arrossire. Questo povero grida e il Signore lo ascolta, lo salva da tutte le sue angosce.
4. L'angelo del Signore si accampa attorno a quelli che lo temono, e li libera. Gustate e vedete com'è buono il Signore; beato l'uomo che in lui si rifugia.

Rit: Gustate e vedete com'è buono il Signore.**Seconda lettura**

Ef 4,30-5,2

Dalla lettera di san Paolo apostolo agli Efesini

Fratelli, non vogliate rattristare lo Spirito Santo di Dio, con il quale foste segnati per il giorno della redenzione. Scompaiano da voi ogni asprezza, sdegno, ira, grida e maldicenze con ogni sorta di malignità. Siate invece benevoli gli uni verso gli altri, misericordiosi, perdonandovi a vicenda come Dio ha perdonato a voi in Cristo.

Fatevi dunque imitatori di Dio, quali figli carissimi, e camminate nella carità, nel modo in cui anche Cristo ci ha amato e ha dato se stesso per noi, offrendosi a Dio in sacrificio di soave odore. Parola di Dio

Tutti: Rendiamo Grazie a Dio**Canto al Vangelo**

Gv 6,51

Alleluia, alleluia.

Io sono il pane vivo, disceso dal cielo, dice il Signore, se uno mangia di questo pane vivrà in eterno.

Alleluia.

Vangelo

Gv 6,41-51

Dal Vangelo secondo Giovanni

In quel tempo, i Giudei si misero a mormorare contro Gesù perché aveva detto: «Io sono il pane disceso dal cielo». E dicevano: «Costui non è forse Gesù, il figlio di Giuseppe? Di lui non conosciamo il padre e la madre? Come dunque può dire: "Sono disceso dal cielo"?». Gesù rispose loro: «Non mormorate tra voi. Nessuno può venire a me, se non lo attira il Padre che mi ha mandato; e io lo risusciterò nell'ultimo giorno. Sta scritto nei profeti: "E tutti saranno istruiti da Dio". Chiunque ha ascoltato il Padre e ha imparato da lui, viene a me. Non perché qualcuno abbia visto il Padre; solo colui che viene da Dio ha visto il Padre. In verità, in verità io vi dico: chi crede ha la vita eterna.

Io sono il pane della vita. I vostri padri hanno mangiato la manna nel deserto e sono morti; questo è il pane che discende dal cielo, perché chi ne mangia non muoia. Io sono il pane vivo, disceso dal cielo. Se uno mangia di questo pane vivrà in eterno e il pane che io darò è la mia carne per la vita del mondo».

Parola del Signore

Tutti: Lode a te o Cristo

WE PRAY FOR THE SICK

Names will remain for 4 weeks, then a new request is required.

Vittoria Caladonna; Shader Kassam; Thear Irmehak; Michael Rudov; Ryan Mason; Antia Zacchaniga; Julie Marmo and Harry Murphy; Biagio De Petro; Baby Willow Gordon; Saad, Suhaila & Isabella Yousef; Wafa Ibrahim; Ikla Toma and Fr. Bill.

HOUSE VISITATIONS

Do you or someone you know require any of the following

- Annual House Visits
- Visits to the Sick
- Anointing of the Sick

Please contact the Presbytery on 9484 2907 to arrange a time with Fr Shabin or Fr. Peter.

SICK OR HOUSEBOUND / MALATI O CONFINATI A CASA

Se conoscete persone che sono malate o confinate a casa e vorrebbero ricevere visite o la comunione a casa siete pregati di mettervi in contatto contact Parish Offices 9484 2907

CHRISTIAN MEDITATION

Christian Meditation on Thursdays at 10.30am at Holy Spirit Parish. ALL WELCOME

BAPTISMS: by appointment only

- 1 Sunday of the month - St. Mary's
- 2 Sunday of the month—Holy Spirit
- 3 Sunday of the month - St. Anthony's
- 4 Sunday of the month— St. Joseph's

First Wednesday of the month.

St. Joseph's: Baptism Preparation by appointment only.

St. Mary's: By appointment only please call parish Office

St Anthony's and Holy Spirit :Baptism prep session 1st Saturday of the month 10am with Kevin and Katrina Jansz.

SENIORS

After the Thursday Italian Mass 9.15am at Holy Spirit Parish Hall.

- Dopo messa Bingo e carte nella sala, si offre caffè e biscotti. Tutti benvenuti
After Mass, Bingo and cards in the hall, with Coffee and biscuits offered). All Welcome.

Last Friday of the month

St. Joseph's Seniors Mass every last Friday of the Month at 10.30am in the church.

Parrocchiani anziani di San Giuseppe sono invitati a partecipare alla **Santa Messa ultimo Venerdì del mese alle 10.30am.**

Mass of Anointing of the Sick

9.15am Mass of Anointing of the Sick will take place in the first Friday of the month at St. Anthony's Alphington.

"Telephone Prayer meeting"

When: Every Tuesday at 11.30am
Dial: 07- 5660 6012 (call from home)
Access code: 722762 #

Cost: Cost of a local call. Open to all.

Catholic Religious Education

St. Mary's and St Joseph's: R.E Classes in preparation for Sacraments.
Please contact Mirella 9484 2907.

St Anthony's and Holy Spirit: Sacramental program 5pm to 6pm in meeting room
St Anthony's, six weeks before the Sacrament is received.

Safeguarding Children, Young

People and Vulnerable People Committee

Contact Person: Moses El-Fakhri via Parish Office.

Parish Notices



MASSSES FOR THE FEAST OF THE ASSUMPTION Thursday 15 AUGUST

9.15am: St Joseph's Parish Northcote

9.15am Holy Spirit Thornbury East

11.30am St Mary's Thornbury and 7pm St Mary's

11.30am St Anthony's Alphington.

This is a Holy Day of Obligation.

WHO IS YOUR GOD? CONVERSATIONS ABOUT GOD CONTINUES THIS WEEK!

The topic for the fourth week is ***What is God's Plan for the entire Universe?***, led by Jim Brown, Certificate in Theological Studies. There is NO registration. You can attend any session you like. Zoom sessions are on Tuesday 13 August from 7:30pm to 8:30. The face-to-face session is Sunday 18 August, at 12:00pm, at St Anthony's Parish meeting room.

Zoom link: <https://us02web.zoom.us/j/87523030851>



Sacrament of Baptism

We welcome into the Christian Community

Anthony Nguyen Quoc Viet and Anna Nguyen Thi Thuy Van

as they present **Angela Nguyen**

for baptism at Holy Spirit on Sunday. We congratulate the family and pray for their spiritual growth and wellbeing in the Lord.



Would you like to become a Catholic or learn more about the Catholic Faith? Do you need to make the Sacrament of Confirmation or First Communion as an Adult? Then join us for an information night on Thursday 29 August at 7pm in the meeting room at St Anthony's Parish
Please call 9484 2907 to speak with Fr Shabin, Fr. Peter or Mirella Pace.



The 2024 Archbishop's Campaign will be taken up next weekend – **17-18 August**. We ask everyone to consider a pledge to support the vital ministries of our Archdiocese. These ministries are outlined in the Campaign brochure which you will find in your pew and in the foyer today. Gifts of \$2 or more are tax deductible. Tax-deductible donations go to the Archbishop's Charitable Fund which supports the **Corpus Christi College Building Fund, the Priests Retirement Foundation, John Pierce Centre, Melbourne Overseas Mission, University of Divinity Building Fund as well as Catholic community agencies and service organisations through annual grants**. Non-tax-deductible donations go to the Catholic Archdiocese of Melbourne **Religious Projects Fund and support seminarian formation and evangelisation ministries**. Please review the campaign material and prayerfully consider pledging a recurring monthly gift to help us continue to strengthen the Christian faith and address the needs of God's people. Tear-off pledge cards are attached to the campaign envelopes in the church. You can also make a gift online at melbournecatholic.org/archbishops campaign or via the QR codes on the campaign materials. **I invite you to give generously to this important campaign.**