

Parish Priest: Fr Shabin Kaniampuram IVDei Assistant Priest: Fr Peter Nguyen Supporting Priests: Monsignor Tom Doyle; Fr Brendan Hayes
Pastoral Worker: Pauline Egan Parish Secretary: Liza Powell (Tues 9am-3pm /Thurs 9am-1pm) Admin Officer: Fran Adamopoulos (Wed 9am-2pm)
Financial Administrator: Margaret Harrington (Mon/Fri 9-2pm) Email: adminANT@cam.org.au Email: financeANT@cam.org.au

ST MARY'S THORNBURY

1 Rossmoyne Street, Thornbury 3071
Principal: Mary Kearney | Ph: 9484 5333

ST JOSEPH'S NORTHCOTE

140 Westbourne Grove, Northcote 3070
Principal: Mary Kearney | Ph: 9481 7166

Mission Prayer: Loving God, guide us as we build a joyful and inclusive community. May your Holy Spirit lead and inspire us to be the Good News of Jesus Christ by serving others and caring for all. Amen.

PARISH OF HOLY SPIRIT & ST ANTHONY'S

45 Railway Pl, Alphington VIC 3078

Principals: Rob Costin, Holy Spirit Primary School,
197 Clarendon Street, Thornbury East | Ph: 9480 0391

James Casey, St Anthony's Primary School,
Tania Bennett, Acting Principal
52 Austin Street, Alphington | Ph: 9489 7936

Partnership Parish Office Address

45 Railway Place Alphington
P.O.Box 85 Fairfield 3078

Office Number: 9484 2907

Office Hours: Mon-Fri 9am-2pm

Email: adminANT@cam.org.au

www.melbcatholic.org/s/hosan

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Reconciliation Times

10.30am Saturdays — St Mary's
4.30pm Saturdays — Holy Spirit
5.00pm Saturdays — St Joseph's

MASS TIMES

St Mary's Thornbury

Sunday: 10:00am English/Italian
5:30pm
Weekday: Wednesday, 9:15am
English/Italian

St Joseph's Northcote

Saturday: 5:30pm
Sunday: 11:00am
Weekday: Tuesday, 9:15am

Holy Spirit Thornbury East

Saturday: 5:00pm
Sunday: 9:30am
Weekday: Thursday, 9:15am
English/Italian

St Anthony's Alphington

Sunday: 9:00am Italian:
11:00am: English
Weekday: Friday, 9:15am

FEAST DAYS IN THE WEEK

Recently Deceased

Madaline Haddad, Josephine Haddad
and Fr Peter Francis Carrucan PE.

Anniversaries

Mary Troy, Hanna Saleh Fakhry,
Margaret Claire Walsh, Jamileh Fakhry,
George Baini, Youssef Rahorl Antoun
Taouk, Duloona Fakhry, Jack, Violet,
Robert, John Aquilina, Angela Pugliese
(1 mth), Michael Pennachia (1yr), PC
Oommen, and Lucy Zachariah.

To update parish details, please visit
our official parish website:

www.melbcatholic.org/s/hosan



1st Sunday of Lent Year C

8—9 March 2025



Lent 2025

The Lenten season is much more than “giving something up”. It is a time of penance when we are called to die to our selfishness and unhealthy attachments and make time and space to grow closer in our relationship with our Lord through prayer and fasting, and with our neighbour and creation, through service and almsgiving so that we can encounter The Risen Lord on Easter Sunday.

Abstinence from meat, and fasting, are to be observed on **Ash Wednesday** and **Good Friday**.

All who have completed their 18th year and have not yet begun their 60th year are bound to fast. All who have completed their 14th year are bound to abstain.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

Prayer—for example, mass attendance; family prayer; reading the Bible; praying the rosary; making the stations of the cross; or in other ways.

Fasting or Self-Denial – for example not eating meat; not eating sweets; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor ... or in other ways.

Project Compassion is a major means of expressing our self-denial in Australia.

Helping Others—for example, special attention to someone who is poor, sick, elderly, lonely or over-burdened; or in other ways.

Lent is a most appropriate time to receive the **Sacrament of Reconciliation** where we encounter the wonderful gift of the Lord's merciful love offered to us in a special way. (2025 Lenten Regulations, Very Rev. Anthony Kerin —Vicar General)

You can also refer to the article [Lent: A guide for the perplexed](#), from the Archdiocese of Melbourne.



Lenten Program - Metanoia: To help you journey in faith during Lent in this Jubilee Year, join one of these groups facilitating the Metanoia Lenten Program by the Catholic Diocese of Wollongong.

Wednesday Group: Starts on
Wednesday 12th March at 7:30pm.
Held at the home of John and Anne
from Holy Spirit.

**Thursday Christian Meditation
Group:** will also run the Metanoia
program every Thursdays at 10:30am
at Holy Spirit Church.

To join either group, please contact the Parish Office for more details.

Parishioners are encouraged to purchase the booklet for their own self reflection to do at home. Booklets will be available from the back of the church—to pay for it, use the envelope provided, enclose money and place in collection basket during mass.



Pray During Lent Using Hallow App:

Looking for a way to stay focused and intentional this Lent? The Hallow app offers a powerful Lent 2025 Challenge, featuring daily prayers, reflections, and guided meditations to deepen your spiritual journey. Sign up for free by scanning the QR code with your phone or going to hallow.com/pray.



Project Compassion 2025: Uniting against poverty this Lent- The Catholic aid agency Caritas Australia has launched its annual Lenten fundraiser, Project Compassion, with a call to open our hearts to others in need. The funds raised will help provide clean and safe drinking water in Samoan schools where students face severe challenges and disruptions to their learning due to water scarcity. [learn more.](#) Please **collect** your **project compassion box** from the back of the church.



First Reading Deuteronomy 26:4-10***A reading from of Deuteronomy***

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 90:1-2, 10-15***R. Be with me, Lord, when I am in trouble.***

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' **R.**

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways. **R.**

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon. **R.**

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you.'
I will save him in distress and give him glory. **R.**

Second Reading Romans 10:8-13***A reading from the letter of St Paul to the Romans***

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

The word of the Lord.

Thanks be to God.

Gospel Acclamation Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory
No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel Luke 4:1-13***A reading from the holy Gospel according to Luke***

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God,
and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him, 'throw yourself down from here, for Scripture says:

He will put his angels in charge of you
to guard you,

and again:

They will hold you up on their hands
in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him to return at the appointed time.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Readings Next Week 16 March 2025

1st Reading: Gen 15:5-12, 17-18

2nd Reading: Phil 3:17-4:1

Gospel: Luke 9:28-36

Prima lettura Dt 26,4-10***Dal libro del Deuteronomio***

Mosè parlò al popolo e disse:

«Il sacerdote prenderà la cesta dalle tue mani e la deporrà davanti all'altare del Signore, tuo Dio, e tu pronuncerai queste parole davanti al Signore, tuo Dio: "Mio padre era un Aramèo errante; scese in Egitto, vi stette come un forestiero con poca gente e vi diventò una nazione grande, forte e numerosa. Gli Egiziani ci maltrattarono, ci umiliarono e ci imposero una dura schiavitù. Allora gridammo al Signore, al Dio dei nostri padri, e il Signore ascoltò la nostra voce, vide la nostra umiliazione, la nostra miseria e la nostra oppressione; il Signore ci fece uscire dall'Egitto con mano potente e con braccio teso, spargendo terrore e operando segni e prodigi. Ci condusse in questo luogo e ci diede questa terra, dove scorrono latte e miele. Ora, ecco, io presento le primizie dei frutti del suolo che tu, Signore, mi hai dato". Le deporrai davanti al Signore, tuo Dio, e ti prostrerai davanti al Signore, tuo Dio».

Parola di Dio

Tutti: Rendiamo grazie a Dio.

Salmo responsoriale Sal 90

Rit. _ Resta con noi, Signore, nell'ora della prova.

L._ Chi abita al riparo dell'Altissimo passerà la notte all'ombra dell'Onnipotente. Io dico al Signore: «Mio rifugio e mia fortezza, mio Dio in cui confido». **Rit.**

L._ Non ti potrà colpire la sventura, nessun colpo cadrà sulla tua tenda. Egli per te darà ordine ai suoi angeli di custodirti in tutte le tue vie. **Rit.**

L._ Sulle mani essi ti porteranno, perché il tuo piede non inciampi nella pietra. Calpesterai leoni e vipere, schiacterai leoncelli e draghi. **Rit.**

L._ «Lo libererò, perché a me si è legato, lo porrò al sicuro, perché ha conosciuto il mio nome. Mi invocherà e io gli darò risposta; nell'angoscia io sarò con lui, lo libererò e lo renderò glorioso». **Rit.**

Seconda lettura Rm 10,8-13***Dalla lettera di san Paolo apostolo ai Romani***

Fratelli, che cosa dice [Mosè]? «Vicino a te è la Parola, sulla tua bocca e nel tuo cuore», cioè la parola della fede che noi predichiamo. Perché se con la tua bocca

proclamerai: «Gesù è il Signore!», e con il tuo cuore crederai che Dio lo ha risuscitato dai morti, sarai salvo. Con il cuore infatti si crede per ottenere la giustizia, e con la bocca si fa la professione di fede per avere la salvezza.

Dice infatti la Scrittura: «Chiunque crede in lui non sarà deluso». Poiché non c'è distinzione fra Giudeo e Greco, dato che lui stesso è il Signore di tutti, ricco verso tutti quelli che lo invocano. Infatti: «Chiunque invocherà il nome del Signore sarà salvato».

Parola di Dio

Tutti: Rendiamo grazie a Dio.

Canto al Vangelo Mt 4,4

Lode a te, o Cristo, re di eterna gloria!

Non di solo pane vivrà l'uomo,

ma di ogni parola che esce dalla bocca di Dio.

Lode a te, o Cristo, re di eterna gloria!

Vangelo Lc 4,1-13***Dal Vangelo secondo Luca***

In quel tempo, Gesù, pieno di Spirito Santo, si allontanò dal Giordano ed era guidato dallo Spirito nel deserto, per quaranta giorni, tentato dal diavolo. Non mangiò nulla in quei giorni, ma quando furono terminati, ebbe fame. Allora il diavolo gli disse: «Se tu sei Figlio di Dio, di' a questa pietra che diventi pane». Gesù gli rispose:

«Sta scritto: "Non di solo pane vivrà l'uomo"».

Il diavolo lo condusse in alto, gli mostrò in un istante tutti i regni della terra e gli disse: «Ti darò tutto questo potere e la loro gloria, perché a me è stata data e io la do a chi voglio. Perciò, se ti prostrerai in adorazione dinanzi a me, tutto sarà tuo». Gesù gli rispose: «Sta scritto:

"Il Signore, Dio tuo, adorerai: a lui solo renderai culto"».

Lo condusse a Gerusalemme, lo pose sul punto più alto del tempio e gli disse: «Se tu sei Figlio di Dio, gettati giù di qui; sta scritto infatti: "Ai suoi angeli darà ordini a tuo riguardo affinché essi ti custodiscano"; e anche: "Essi ti porteranno sulle loro mani perché il tuo piede non inciampi in una pietra"». Gesù gli rispose: «È stato detto:

"Non metterai alla prova il Signore Dio tuo"».

Dopo aver esaurito ogni tentazione, il diavolo si allontanò da lui fino al momento fissato.

Parola del Signore

Tutti: Lode a Te O Cristo.



WE PRAY FOR THE SICK

Names will remain for **2 weeks**, then a new request is required.

Rita Ljubetic, Mark Cunningham, Phillip and Milly, Piere & Shady, Baby Joe, Edmend, and Nehae.

HOUSE VISITATIONS

Do you or someone you know require any of the following:

- Annual House Visits
- Visits to the Sick
- Anointing of the Sick

Please contact the Parish Office on 9484 2907 to arrange a time with Fr Shabin or Fr Peter.

SICK OR HOUSEBOUND / MALATI O CONFINATI A CASA

Se conoscete persone che sono malate o confinate a casa e vorrebbero ricevere visite o la comunione a casa siete pregati di mettervi in contatto Parish Office **9484 2907**

CHRISTIAN MEDITATION

Christian Meditation on Thursdays at 10:30am at Holy Spirit Parish. ALL WELCOME.

BAPTISMS: By Appointment Only

- 1st Sunday of the month—St Mary's
- 2nd Sunday of the month—Holy Spirit
- 3rd Sunday of the month—St Anthony's
- 4th Sunday of the month—St Joseph's

Please call the Parish Office 9484 2907 or go to our website at <https://www.melbcatholic.org/s/hosan>

SENIORS

After the Thursday 9:15am Mass at Holy Spirit Parish Hall.

- Dopo messa Bingo e carte nella sala, si offre caffè e biscotti. Tutti benvenuti.

After Mass, bingo and cards in the hall, with coffee and biscuits offered. All Welcome.

Last Friday of the month

St Joseph's Seniors Mass every last Friday of the Month at 10:30am in the church.

Parrocchiani anziani di San Giuseppe sono invitati a partecipare alla **Santa Messa ultimo Venerdì del mese alle 10:30am.**

Mass of Anointing of the Sick

9:15am Mass of Anointing of the Sick will take place on the first Friday of the month at St Anthony's Alphington.

"Telephone Prayer meeting"

When: Every Tuesday at 11:30am
Dial: **07- 5660 6012** (call from home)
Access code: **722762 #**
Cost: Cost of a local call. Open to all.

Catholic Religious Education Classes for children attending government schools in preparation for the Sacraments

Please call the Parish Office 9484 2907 or go to our website at

<https://www.melbcatholic.org/s/hosan>

Safeguarding Children, Young People and Vulnerable People Committee

Contact Person via the Parish Office:

Moses El-Fahkri

Parish Notices



St Joseph's Feast Day
Sunday 23rd of March
11am at St Joseph's church Northcote

The Celebration of the Feast of St Joseph and the presentation of the Sacramental Candidates for Reconciliation, Eucharist and Confirmation will be held on Sunday 23 March at 11:00am, at St Joseph's Church Northcote. The students at St Joseph's School have created a beautiful white lily, using their hands as a template. These special lilies will be distributed as a gift to all at the conclusion of Mass. Mass will be followed by morning Tea.

ALL WELCOME - Please bring a plate to share.



Sacrament of Reconciliation—Thursday 20 March at St Joseph's Church at 6.00 PM. As part of this liturgy, the candidates will be receiving the Sacrament of Reconciliation. Please remember these candidates in your prayers.

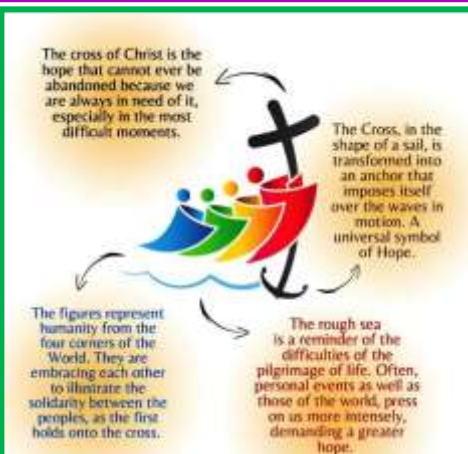
Sacrament of Reconciliation: Students from our four parish primary schools and catechist classes will be receiving this Sacrament across March, please keep them all in your prayers.

RCIA – Aaron Fletcher is a Catechumen and therefore preparing to receive Baptism/ Eucharist/Confirmation at the Easter ceremonies this year. We thank Jim Coffey and Cheryl Sullivan for their work in preparing Aaron. The **Rite of Election** will be held at **St Patrick's Cathedral at 3pm on Sunday 9 March.** Jim, Aaron and his god parent will be attending with all the candidates and catechumens across the Archdiocese of Melbourne. This is a wonderful occasion for our church, please pray for Aaron as he continues his faith journey.

St Joseph's Feast and Combined Choirs

The Combined Choir will come together for the first time to sing at **St Joseph's Feast Day, Sunday 23rd March at 11am mass** at St Joseph's church. If you would like to join this choir gathered from parishioners from our 4 churches, **rehearsal** will be on **Sunday 16th of March at 12.15pm at St Joseph's church Northcote.** The Rehearsal will be conducted by Dr Daryl Barclay. All welcome.

Please **rsvp** to the choir leader of your church by **10th March.** For new choir members, please contact the Parish office if you would like to have the choir leader for your church email you the selected song list and music materials to prepare for the upcoming rehearsal and feast day.



JUBILEE 2025

Understanding the Symbols of The Jubilee Logo

Coming up on this Corner—Plenary Indulgence

One of the special 'signs' of the Jubilee is an indulgence, a priceless gift of Divine Mercy.

To learn more about the Jubilee Year, see

[melbcatholic.org/s/hosan](https://www.melbcatholic.org/s/hosan)
[melbournecatholic.org](https://www.melbournecatholic.org)
jubilaum2025.va/en.html