

Risen Christ



The Most Holy Body and Blood of Christ

21 & 22 June 2025 - Year C

The Catholic Communities of Our Lady Help of Christians, Eltham & St Francis Xavier, Montmorency



We acknowledge the Wurundjeri people of the Kulin Nation who are the traditional custodians of this land and pay our respect to the elders past, present and emerging.



Gospel - Luke 9:11-17

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find the lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves. But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

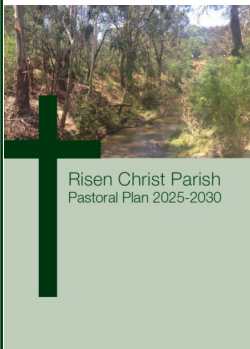
Reflection - Break Open the Word 2025

We understand the Eucharist not only by looking to the Last Supper but to the very many stories of Jesus' meal fellowship. He was criticised for eating and drinking with sinners. The meals he shared were always inclusive. Today's gospel story is no exception. Jesus tries to get some time alone with his disciples, but the crowds follow him and Christ makes them welcome, talking with them about God's kingdom.

Then, rather than send them away to get food and shelter, he makes do with the limited resources at his disposal. This is a beautiful story about the abundance of God's grace shared indiscriminately with all. We are meant to see it as an instruction in action of how we celebrate Eucharist. Even the phraseology of the story opens up the eucharistic action: *he took the loaves... raised his eyes to heaven, said the blessing, broke them and handed them to the disciples...*

In the Paschal Mystery, we affirm that Christ died for all. The glory of the resurrection is offered to all through Christ. This is the core of the saving message of the Eucharist.

Risen Christ Parish Pastoral Plan



On Pentecost weekend, it was with much gratitude and pleasure that I offered you the Parish Pastoral Plan.

Since I arrived 6 years ago and have linked Montmorency and Eltham, the real work was to complete this Pastoral Plan and offer it to the Community as a way of beginning again as one Parish.

I'm deeply grateful to so many people who contributed to this document over the years. These are only words on pages but they are significant and for the first time they highlight for the Parish an opportunity to engage in ministries for the health and well-being of every Parishioner.

The Risen Christ Parish Pastoral Plan for the next 5 years, 2025-2030, is now launched with printed copies available in both churches to take home or scan the QR code for a digital copy, also searchable on our Parish Website.

The real work is just beginning.

Michael



*This parish has a commitment to ensuring the safety of children and vulnerable people in our community.
We support the recommendations of the Royal Commission into institutional abuse and pray for all the survivors.*



PARISH TEAM & INFORMATION

OUR PEOPLE & OUR CONTACT DETAILS



Parish Priest

Michael Sierakowski - **Moderator**

Michael.Sierakowski@cam.org.au

Parish Office

all correspondence to:

86 Mayona Road,

Montmorency Vic 3094

9435 4742

RisenChrist.Parish@cam.org.au

Kate Kogler:

Parish Secretary

Tue-Fri 9am-3pm

Peter Williams:

Safeguarding Officer

RisenChrist.ChildSafety@cam.org.au

Kerry Mash:

Volunteer

Wed & Fri 10am-3pm

New Website:

www.melbcatholic.org/risenchristparish

Facebook:

[Risen Christ Parish](#)

Risen Christ Parish Bulletin items:

RisenChrist.Parish@cam.org.au

Schools

Holy Trinity Primary School

Principal: Vince Bumpstead: 9431 0888

principal@htelthamnth.catholic.edu.au

www.htelthamnth.catholic.edu.au

Our Lady Help of Christians Primary School

Principal: Rudy Vail: 9439 7824

school@olhceltham.catholic.edu.au

www.olhceltham.catholic.edu.au

St Francis Xavier Primary School

Principal: Philip Cachia: 9435 8474

principal@sfxmontmorency.catholic.edu.au

www.sfxmontmorency.catholic.edu.au

RECONCILIATION

available half an hour before
any weekday or weekend Parish Mass.

Collections: 1 & 8 June 2025

		OLHC	SFX
Thanksgiving	Cash Electronic	\$642.00 \$1,254.00	\$849.00 \$3,867.00
Presbytery	Cash Electronic	\$842.00 \$50.00	\$909.50 \$165.00
Thanksgiving / Stewardship Offering			
Month	OLHC	SFX	Total
March	\$8,083.67	\$15,977.50	\$24,061.17
April	\$6,796.67	\$10,257.50	\$17,054.17
May	\$6,846.67	\$7,868.50	\$14,715.17

Risen Christ Parish Calendar of Events

Saturday 21

6:00pm Mass & First Eucharists

Montmorency

Sunday 22

8:30am Mass & First Eucharist

Montmorency

10:00am Mass & First Eucharist

Eltham

Tuesday 24

9:30am Mass

Montmorency

10:00am Rosary

Montmorency

7:00pm Jordan Small Church Community

Montmorency

Wednesday 25

6:30am Meditation

Montmorency

9:30am Liturgy of the Word with Communion

Eltham

11:00am Small Church Community Liturgy of the Word with
Communion & Fellowship Meal

Montmorency

Thursday 26

9:30am Liturgy of the Word with Communion

Montmorency

10:00am Emmaus Small Church Community

Montmorency

10:30am ASRC Food Collection

Montmorency

2:00pm Mass

Calvary Lower Plenty Garden Views

2:30pm Meditation

Eltham

Friday 27

9:30am Mass

Eltham

Saturday 28

12:00pm Baptisms: Reilly, Sebastian, Juliette
Jacob, Eva, Mack & Lachlan

Montmorency

6:00pm Mass

Montmorency

Sunday 29

8:30am Mass

Montmorency

10:00am Mass & First Eucharists

Eltham

12:00pm Baptism: Audrey, Adelina, Anastasia

Eltham

Tuesday 1 July

9:30am Liturgy of the Word with Communion

Montmorency

10:00am Rosary

Montmorency

10:00am Craft Group

Montmorency

11:00am Prayer Shawl Ministry

Eltham

2:00pm Bethany Small Church Community

Montmorency

Wednesday 2

6:30am Meditation

Montmorency

9:30am Liturgy of the Word with Communion

Eltham

1:00pm Kairos Small Church Community

Montmorency

Thursday 3

9:30am Liturgy of the Word with Communion

Montmorency

10:30am ASRC Food Collection

Montmorency

2:30pm Meditation

Eltham

Friday 4

9:30am Liturgy of the Word with Communion

Eltham

Saturday 5

6:00pm Mass & First Eucharists

Montmorency

Sunday 6

8:30am Mass

Montmorency

10:00am Mass & First Eucharist

Eltham

Tuesday 8

9:30am Liturgy of the Word with Communion

Montmorency

10:00am Rosary

Montmorency

7:00pm Jordan Small Church Community

Montmorency



*Let us pray for all those who have gone
before us marked with the sign of faith ...*

Montmorency

For those in need of **healing**, remembering especially:
*Suzanne Agius, Bernard Bowler (brother of Patsy Skipper),
Pat Hosmer, Siobhan Lappin, Frances McDonald,
Jarrod Mizzi, Cindy & Ed Morrissey,
Regina Roszczenko (mother of Liz Gray), Jeanne Vanderwert*

For those whose **anniversaries** are at this time:
*Rhys Branston (10 yr anniversary), Tony Lier, Margaret Mary Moylan,
Maria Antoneta Pereira, Jack Ramsdale*

Eltham

For those in need of **healing**, remembering especially:
*Penny Boyce, Ruth Decker, Mary Luttick,
Bernard Murray, Audrey Tunks*

For those whose **anniversaries** are at this time:
Joe Carbone (1st anniversary)

To include an anniversary please contact Parish Office
9435 4742 or RisenChrist.Parish@cam.org.au.



**Congratulations to all who celebrate
their sacraments this weekend:**

Saturday, 21st June, 2025

St Francis Xavier, Montmorency, 6:00pm

Jude Parker Amiguët
Sonny Joseph Ciavola
Caelan Joseph Cummings
Jack Patrick John Grant
Benjamin Leo Harford
Evie Joy Kazalac
Lily Jean Martindale
Luke Daniel Dunell Martinelli
Charlie Benjamin Stevenson
Angus Anthony Zappia

First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist
First Eucharist

Sunday, 22nd June, 2025

St Francis Xavier, Montmorency, 8:30am

Alice Louise Spencer

First Eucharist

Our Lady Help of Christians, Eltham, 10:00am

Ethan Luis Pacheco Brito

First Eucharist

Small Church Community Celebrating 30 years in St Francis Xavier Community



This weekend we have chosen to highlight and bring to your awareness the presence of Small Church Communities. We are five groups of five or so people of like heart and mind. We gather fortnightly in each other's homes and basically reflect prayerfully on the Gospels. We pray, listen respectfully to each other, share our thoughts and experiences. The Spirit works in beautiful and wise ways if we are still enough to listen. This is what we try to do, we try to hear the whisperings of the Spirit within and without.

We invite you to join any of our groups if the idea attracts you, or you may rather begin a group of your own. We have material for you if you would like to gather folk and start a group. If you feel your faith may be deepened by being Church in this way, we would love to hear from you, please contact: Patsy Skipper: Ph 0429 439 675 or Anne Cotter: Ph 0409 861 487. There is also an opportunity to give your name and number to a SCC member after Mass.

Next Wednesday 25th June, in the SFX Parish House, there will be Liturgy of the Word with Communion followed by a shared meal. You are invited to this gathering and would be most welcome. There you may find out a little more about Small Church Communities.

As Pilgrims of Hope, let us journey together as one in Christ, building the Kingdom of God among us in whatever ways we feel called.

Roster for week ending 22 Jun 2025

Armstrong, Miranda	H10:00
Capuana, Marisa	LoW-01 Thu
Cseh, Nika	C10:00
Donnellan, Denice	H10:00
Dopheide, Marlis	H10:00
Edwards, Elisabeth	H10:00
Goodison, Pauline	CLNR
Haines, Geoff	E10:00
Haines, Jan-Marie	E10:00
Kulkens, Mark	W6:00
Mallia, Anthony	E10:00
Maynes, Phil	W6:00
Northrop, Greg	E10:00
Ramsdale, John	W8:30
Reardon, Kathy	ASE
Reardon, Kathy	E10:00
Ryan Family	PRSE
Taylor, Trish	R10:00
Williams, Anne	PRYR
Williams, Peter	PRYR
Wood, Marie	CLNR
Wood, Marie	W8:30

Roster for week ending 29 Jun 2025

Bacani, Brian	W6:00
Beckford, Peter	PRYR
Bowyer, Darrell	ASRC
Bowyer, Rosemary	ASRC
Capuana, Marisa	CLNR
Capuana, Marisa	W6:00
Castellanos, Rodrigo	E10:00
Donnellan, Denice	E10:00
Edwards, Elisabeth	E10:00
Haines, Geoff	R10:00
Hall, Vali	ASE
Heyhoe, Margaret	C10:00
Love, Philip	W8:30
McKenna, John	CLNR
Perera, Sharmaine	H10:00
Roy, Yvonne	E10:00
Scannell Family	PRSE
Smith, Neil	E10:00
Sullivan, Frances	W8:30
Volunteer please	H10:00
Volunteer please	H10:00
Volunteer please	H10:00
Witten, Janine	LoW-01 Thu

ASE = Altar Society @ Eltham;

C = Commentator;

CLKR = PowerPoint Clicker @ SFX;

CLNR = Cleaner @ SFX; **R** = Reader;

E = Eucharistic Minister;

H = Hospitality;

LoW-01 = Liturgy of the Word with
Communion @ SFX;

PRSE = Pilgrim Rosary Statue @ Eltham;

M = Music; **W** = Minister of the Word

Emmaus SC

The Emmaus SCC is an amazing group of faith filled people who share their Christian values for everyday living based on the Gospels.

The gatherings vary from 'deep and meaningful' to 'light hearted' as the Gospels come alive as we journey together in an encouraging and caring manner.

Members say they leave the meeting feeling blessed with the knowledge that their faith has been enriched and have the strength to face up to any shortcomings and to better themselves.

We are companions on a journey of faith.

Janine, Greg, Genni, Frida & Trish



Kairos SC

Our Small Church Community Group Kairos have been meeting together for over 10 years. Ten years of friendship and support, and during that time we have developed a deeper meaning of the Word giving it on occasions a very human focus. Sometimes the meaning of that very Word or Reading touches us all with its strength and Spirit. Thank you for the Journey.

Gail, Justine, Pauline, Bernadette, Nan and Judy

Footsteps SC

At our last meeting we gathered together as a group to discuss what it means to be part of our Small Church Community. Our meetings usually go for around two hours. It is a very special time together. Most of us have been coming for twenty years. We have covered many various topics relating to our faith.

Initially when asked to join I saw it as a way of searching for different answers.

As a new member of Footsteps, I had never been in a faith group before, I really appreciate the liturgy a lot more now. I feel more in the moment. I enjoy the friendship and fun we share.

It is so special sharing the experience of the gospel, breaking open the word with like minded people where you feel trusted to share your thoughts without being judged for your opinions and ideas. It is an opportunity to articulate our faith journey.

In our group we enjoy the social connection and always feel supported when dealing with family or mental health issues.

As a convert to the Catholic faith I enjoy talking to others who have been brought up in the Catholic way of life.

Maria, Kevin, Lorraine, Elizabeth, Robert, Gavin and Katherine

Small Church Community

~ Celebrating 30 years ~

St Francis Xavier Community

Bethany SC

For me, there's something special and essential to my life when I meet in a home with a small group of parish people who share what they feel Jesus might mean in a Gospel reading and how we might live his challenge to be agents for compassionate change in our Community and world.

It is precious spiritual time out to recharge in a prayerful friendly atmosphere ending with a cuppa and renewed joy and support of each other. I love it and so could you. If you feel it is time for the 'more' in your life just now, consider this opportunity. Anne

Bethany SC

Being a member of the Bethany Small Church Community (SCC) gives a sense of belonging that provides a recharge for the faith battery while reflecting on the gospel and sharing how we can apply the gospel message in our daily life. It gives an opportunity to praise, thank and honour God. Sharing food and hospitality deepens the friendship of the group which extends to support each other during times of need.



Maria G, Maria B, Anne, Frances, Alba, Barbara, Greg

Jordan SC

I joined a Small Church Community in 2019 wishing to grow closer to God and to more understand the meaning of the Gospel in my life.

I struggled at times to understand what was shared by members of the group, but as I listened to the many ways people spoke about their experiences of faith in the light of the Gospel, it opened my mind more. I was able to see the messages in the Gospel in new ways.

Through the Gospels and group members my faith is increased, my understanding is better and my heart has grown closer to Jesus. Jeanette

Jordan SC

My personal experience of belonging in a Small Church Community reminds me that we are all called to be participating members of God's ever growing Kingdom among us. We are called to discover what gifts we have

been given for full participation, and we are called to discern where in our small worlds we may join as builders and repairers in God's work. In all the parables of the Kingdom there are warnings against passive acceptance of formulae for salvation and practice based in fear. But there is also the powerful promise that our participation in our small worlds will be amplified in our communities and the wider world. In regularly trying to share with group members our Gospel-inflected accounts of recent experience, I have been helped to find how my own experience might be enriched by deeper daily reflective reading of the Scriptures. Rowan

Jordan SC

Small Church for me means; time for introspection, thoughtfulness and musings of the three Scripture Readings of the following Sunday. It means listening to the thoughts, ideas and viewpoints of others. There is also a spiritual bond in which words are not needed. Small Church allows one to express oneself on ideas and experiences within a contemplative frame work. Anthony

Jordan SC

For me our small Church Gatherings provide a much needed time out from the everyday stuff of life. It is a special time, a nourishing time. It is a time to step into a different quiet gentle place and try to bring myself to stillness and the presence of Jesus there among us. We call to mind and pray for our own needs as well as the needs of the Church and our broken world. We spend 12-15 minutes in silent reflection on the Gospel of the coming Sunday. How does this piece of Scripture speak to me, challenge, touch or inspire me. Where is the Spirit leading me/us. We then listen respectfully to the thoughts of each other. We are not biblical scholars, or theologians, but we are everyday people looking for the 'more' of life. Wishing to deepen our love of Jesus, our relationship with Him, with each other and the world. This is not an exercise of the intellect so much as a touching of the heart. We then share joys, sorrows and challenges of everyday life while enjoying friendship over supper. I believe our faith journey is best taken with each other. I would find it a lonely road without these friends who have become family to me. Patsy

Jordan SC

I enjoy small church and look forward to it. Nothing is off limits and the conversation is always respectful and meaningful. I have learned much from small church from others and from the conversation we share. Small church helps us to reflect on our faith and that has to be good. We cannot take our faith for granted, it is deepened by reflection and questioning. My suggestion is come along and try it. Marisa



Short Stories by Jesus

"Jesus told parables because they serve as keys that can unlock the mysteries we face by helping us ask the right questions:

how to live in community;

how to determine what ultimately matters;

how to live the life that God wants us to live.

They are Jesus's way of teaching, and they are remembered to this day not simply because they are in the Christian Canon, but because they continue to *provoke*, *challenge*, and *inspire*

Amy-Jill Levine (Biblical Scholar)

Words on Base Church Community given by Oscar Romero amid the crisis in the country of El Salvador. Though they were spoken some thirty years ago, I believe they are as relevant today as they were then.

"To live in community is not a question of option, but one of vocation. Christianity, by its very nature, demands the formation of community. Christianity cannot be conceived without relating to others, and relating to these people in fraternal love. Of course, in terms of specific forms of community, nothing is revealed. It is the historical moment and the needs of the time that will indicate what form the community should take. But what remains unchangeable is the ultimate goal (and the commitment towards achieving that goal) which is the formation of groups of Christians committed to the Church and committed as Church in each respective society."

Seventh Biannual Catholic Mission Conference

18-20 May 2025

Some notes from a talk by Richard Lennan:

- We are unfinished, pilgrim people
- Grace meets us where we are, not where we should be
- Conversion is possible, graced freedom
- Community is the norm not the exception
- Whole person activity not just intellect
- On-going, we change, we need change, enter into the questions.

Relevant points for all of us to reflect upon.

NETANYAHU'S UNJUST WAR

Benjamin Netanyahu must know that bombing does not lead to regime change. It never has and never will. The Nazis learnt that after they bombed London for 57 consecutive nights in 1940-41, killing 43,000 civilians in that and other British cities. Bombing raids by the Allies killed 10 times that number of Germans. In neither case did they trigger a popular uprising. Rather, they united the population against a common enemy. So the Israeli prime minister's call for the Iranian people to rise up against their autocratic and oppressive government was disingenuous. Even more questionable was his unleashing of the Israeli war machine just as the latest round of US-Iran talks had been due to take place. Was he afraid the talks were about to succeed? Was he trying to draw the US into a war with Iran rather than sign a peace deal? It seems more than likely.

Just war theory remains the basis on which international law rests. It excuses pre-emptive attacks only when a threat is direct and imminent. Israel's efforts to reduce civilian casualties by warning people in target zones of its attacks tacitly recognise how thin the ice is under its feet. It seemed to be trying to meet requirements for proportionality and discrimination. However, under just war principles, before going to war, other conditions have to be met. There has to be a reasonable prospect of success. And if the Israeli war aim is regime change in

Iran, there is no prospect of it succeeding.

Opinions differ on whether Iran really is preparing to equip itself with nuclear weapons. It suits Israel to insist on it, and to select targets accordingly. But if Israel is right, why were the Iranians willing to take part in talks with the Americans and others, to verify that no nuclear weapons programme exists? And why wreck the talks before they began? That only makes sense on the assumption that Iranians are so perfidious that any agreement they make is worthless. Clearly Donald Trump does not think so. In any event, one nuclear explosion in or near Israel would kill hundreds of thousands of Palestinians alongside Israelis, and inflict radiation damage across the region. If such a weapon existed, it would be unusable.

"*Cui bono?*" is not normally a just war question but it is worth asking. The answer is Benjamin Netanyahu. He is right that Israel is Iran's sworn enemy, and that Iran makes trouble through proxies like Hamas, Hezbollah and the Houthis whenever it can. But bombing Iran will not change that. It can only fire up anger and hatred, creating an even greater threat from a new generation of leaders more ruthless and with more popular support than their predecessors. What bombing Iran does is to make it more likely that Netanyahu remains in power, as the heroic protagonist in a forever war against Israel's implacable enemies. Sooner or later President Trump has to see that the regime change necessary for peace and stability in the Middle East is not only in Tehran but also in Jerusalem.

UNITED STATES / ICE raids promoted by Trump administration ignite protests

Cardinal and bishops defend undocumented migrants

MICHAEL SEAN WINTERS

Church voices joined opposition to President Donald Trump's attacks on undocumented immigrants, which brought protesters on to the streets of Los Angeles and drove further protests nationwide.

The clashes between protesters and federal law enforcement informed events across the country on 14 June, including the gathering of thousands of Catholics in Chicago's Rate Field stadium, home of the white Sox baseball team, to celebrate the election of Pope Leo XIV. The Pope addressed attendees in a video message, telling young Catholics: "You are the promise of hope for so many of us".

In his sermon during Mass in the stadium, Cardinal Blasé Cupich built on the Pope's words and turned to the plight of migrants and others in society "defined by what they lack".

"Humanity is diminished whenever the unborn or the undocumented, the unemployed or the unhealthy, are excluded, uninvited or unwelcome," Cardinal Cupich said.

"We should keep this in mind as we face the challenges of immigration in our country. Without question,



Cardinal Blasé Cupich

countries have a duty to secure their borders ... [but] it is wrong to scapegoat those who are here without documents, for indeed they are here due to a broken immigration system which both parties have failed to fix." Cupich continued: "The task before us in this moment as Christians is to call each other to live with authenticity, as authentic persons, rejecting language or activity ... that pretends that some persons are

unworthy to be connected to us. That is foreign to our calling to be persons in the image and likeness of God."

The Archbishop of Los Angeles José Gómez prayed for those "hurting" by the Immigration and Customs Enforcement (ICE) raids and subsequent protests at a Mass at the Cathedral of Our Lady of the Angels on 11 June.

In a statement on Monday, the president of the US bishops' conference Archbishop Timothy Broglio invoked Pope Leo's message at Rate Field as he voiced the bishops' "solidarity" with those affected by the ICE raids, which he called "a profound social crisis before which no person of good will can remain silent".

In San Diego, Bishop Michael Pham, an auxiliary in the diocese who will be installed as its ordinary on 17 July, encouraged clergy to accompany immigrants when they attend their scheduled hearings to regularise their legal status. ICE agents have attended these hearings and arrested immigrants to deport them.

Pham said priests and lay leaders would "stand in solidarity with migrants who are making their court appearances".

Prayers of the Faithful for 22 June 2025 - The Most Holy Body and Blood of Christ

Leader: We gather today with a deep sense of praise and thanksgiving for the gift of the Holy Eucharist, the Sacrifice and Sacrament of Christ's unique presence with us. Let us see with the eyes of love as we offer our prayers today.

For greater awareness and reverence of Christ's presence: that we may recognise the many ways Christ is present in the Eucharist, in the scriptures, and in one another, and that we may approach our celebrations with faith, reverence and love.

Let us pray to the Lord.

Lord, hear our prayer.

For a deeper appreciation of the gift of nature: that we may see in the heavens, on the earth, and in the sea, the handiwork of God and delight in God's gifts to us.

Let us pray to the Lord.

Lord, hear our prayer.

To heal the broken: Lord, bless all who are living in desperate times, with little hope for the future. Help us to be your ears to listen to their cries. Help us to be your hands to clothe, feed and shelter them. Help us to heal those broken in body and spirit and to turn sorrow into joy and hope.

Let us pray to the Lord.

Lord, hear our prayer.

For our fuller participation in the New Covenant: that each sharing in the Eucharist may deepen our baptismal identity as beloved daughters and sons of God and our communion in Christ.

Let us pray to the Lord.

Lord, hear our prayer.

For the gift of peace: that God will bring an end to the violence in our world today and give world leaders a new understanding of the dignity of each life and deepen the desire for peace in their hearts. Lord, replace hatred with Your love.

Let us pray to the Lord.

Lord, hear our prayer.

Lord, embrace and support all who are experiencing illness and those who care for them, especially those in our parish communities. We ask that you bring them your healing, comfort and peace.

Let us pray to the Lord.

Lord, hear our prayer.

For those who have died recently, and for those whose anniversaries occur at this time, including *Rhys Branston, Joe Carbone, Tony Lier, Margaret Mary Moylan, Maria Antoneta Pereira & Jack Ramsdale*. May they be cradled in our Lord's loving embrace.

Let us pray to the Lord.

Lord, hear our prayer.

Leader: Father, you have given us your Son, Jesus, as the living bread from heaven and the cup of salvation; receive now our praise and thanksgiving. We ask this through Christ our Lord.

All: Amen

Scarves, Socks & Beanies

We have received a message from Lorenda Gracey, who collects and hands out our warm contributions to those homeless who come to the Soup Van. She says, *"I am overwhelmed by your generosity, I have just arrived at soup van with my car loaded with all your generous contributions. The amount of garments I took out tonight was exceptional, thanks a million."* This certainly makes us feel we are supporting some of those in need and making a difference to their lives. So, thank you and Bless you all for your kindness and compassion. Mary, OLHC & Patsy, SFX



A big THANK YOU to all those people who so generously offer their services for the various ministries at OLHC and who have been on the rosters for the past six months.

New OLHC Rosters for Readers, Commentators, Eucharistic Ministers and Hospitality are being prepared for Aug 3, 2025 – Jan 25, 2026.

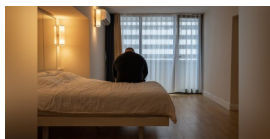
We would welcome new people to offer their services for hospitality, as at the moment it falls to a small band of faithful contributors who give their time and money providing the goodies we enjoy after mass.

Anyone who is definitely unavailable for any specific dates during the August to January period please let me know ASAP, by texting me the dates you will be away during that time. My mobile number is 0432 391 105.

Kathleen Nolan.



LONELINESS BACK AMONG TOP FACTORS FOR ELEVATED SUICIDE RISK: REPORT



Isolation and loneliness are back among the top factors for elevated suicide risk following the COVID-19 pandemic, a major report reveals.

Source: *Yahoo News*.

<https://cathnews.com/2025/06/20/loneliness-back-among-top-factors-for-elevated-suicide-risk-report/>

HE'S TRAVELLED TO BRISBANE MANY TIMES BUT THIS VISIT WAS DIFFERENT



Archbishop-designate Shane Mackinlay touched down in Brisbane as part of a short stay yesterday to introduce himself and meet with leaders and staff

of his new archdiocese.

Source: *The Catholic Leader*.

<https://cathnews.com/2025/06/20/hes-travelled-to-brisbane-many-times-but-this-visit-was-different/>

POPE VISITS SITE OF POSSIBLE VATICAN SOLAR FARM



Almost a year after Pope Francis set up a commission to develop a large solar-panel array on Vatican property

outside Rome, Pope Leo XIV visited the site and the Vatican Radio employees working there. Source: *CNS*.

<https://cathnews.com/2025/06/20/pope-visits-site-of-possible-vatican-solar-farm/>

ON THE ROAD TO MORE WOMEN LEADERS IN THE CHURCH



Broken Bay Diocese's Patti Beattie highlighted her vision for raising the next generation of women leaders in an address at the Global 2033 Leaders and

Women of Influence Summit in Rome.

Source: *Broken Bay News*.

<https://cathnews.com/2025/06/20/on-the-road-to-more-women-leaders-in-the-church/>

WOMEN CHOOSING ABORTIONS TO KEEP WORK VISAS, SLAVERY INQUIRY TOLD



An obstetrician has told a parliamentary inquiry that hundreds of migrant women seeking abortions with her each year to avoid breaching their

visa conditions. Source: *ABC News*.

<https://cathnews.com/2025/06/20/women-choosing-abortion-to-keep-work-visas-slavery-inquiry-told/>

MUMA'S THE WORD IN MISSION TO SOLVE ZAMBIA'S MATERNAL MORTALITY CRISIS



When Abraham Muma speaks about his work in Zambia, he does so with the conviction of someone answering a deep, personal calling.

Source: *Melbourne Catholic*.

<https://cathnews.com/2025/06/20/mumas-the-word-in-mission-to-solve-zambias-maternal-mortality-crisis/>

Always calling us

God is always calling to us, encouraging us to come closer, inviting us to share our lives and our talents. Each call of God is unique, and while it might be surprising, it is always trustworthy.



This week, we hear how Sr Isobel Stewart found her true home with the Missionaries of God's Love Sisters and about the important role that friendship played - and continues to play - in her vocation to religious life. <https://melbournecatholic.org/news/friendship-and-vocation>



Zambian maternal and child health advocate Abraham Muma was recently in Australia as a guest of Catholic Mission. Inspired by his deep faith, he initially thought he might be destined for the priesthood, but God had other ideas, calling him to work that saves

and transforms lives in a different way.

<https://melbournecatholic.org/news/finding-hope-in-every-smile-zambian-health-advocates-lifesaving-mission>



And 65 years since it first opened wide its doors, we visit St Mary's House of Welcome in Fitzroy to learn more about this remarkable ministry of hospitality and accompaniment, a response by the Daughters of Charity all those years ago to God's call to bring hope.

<https://melbournecatholic.org/news/a-warm-welcome-on-brunswick-street-65-years-of-hope-and-hospitality>

MACS launches Vision for Engagement, focused on conditions essential for learning.

With the launch of Melbourne Archdiocese Catholic Schools' new *Vision for Engagement*, teachers and students in Australia's largest non-government school system are set to benefit from a range of measures to tackle classroom behaviour, school attendance, and the increasingly negative impact of devices and social media on young Victorians' mental health.

<https://melbournecatholic.org/news/macs-launches-vision-for-engagement-focused-on-conditions-essential-for-learning>

Lift up your hearts: the joy of solemnity.

Having just celebrated Trinity Sunday, and as we prepare for the solemnity of the Most Holy Body and Blood of Christ this Sunday, Christian Bergmann asks how we might reconcile the liturgy's call to 'solemnity' with a Gospel of joy. Reflecting on the deep, broad and sustaining joy to be found in the Eucharist, he writes that the joy we experience in the presence of true love - the kind of joy that lifts our hearts - 'is by no means at odds with solemnity'.

<https://melbournecatholic.org/news/lift-up-your-hearts-the-joy-of-solemnity>

Pope: sport reveals beauty of God, teaches teamwork, humility and hope.

Sport, with its demands for self-giving, collaboration and perseverance, reflects the beauty and dynamic love of God, Pope Leo XIV told athletes and sports professionals at a Mass in St Peter's Basilica on 15 June to conclude the Jubilee of Sport and celebrate the feast of the Holy Trinity.

<https://melbournecatholic.org/news/pope-sport-reveals-beauty-of-god-teaches-teamwork-humility-and-hope>

<https://melbournecatholic.org/events>

For more information: www.melbournecatholic.org or www.facebook.com/CatholicArchdioceseofMelbourne