



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: <https://www.melbcatholic.org/s/ringwood>

Our Lord Jesus Christ, King of the Universe (Year C)

23 November 2025

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Fr Maurie Cooney (retired)

Parish Catechist

Trish Chaston

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5:00 p.m.

Sunday 9:30 a.m.

Week Day Masses

Tuesday 6:00p.m. Mass and Novena

Thursday 9:15 a.m.

First Thursday—Healing Mass

Confessions

Thursday 9:45 a.m.

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

FROM HURT TO HOPE

*"A healthy relationship will never require you to sacrifice
your friends, your dreams, or your dignity."*

~ Dinkar Kalotra ~

Life can feel heavy when someone close causes pain or makes it hard to feel safe. Taking steps to protect oneself or reach out for help can feel overwhelming, and that's completely understandable. Even small actions, like talking to someone trusted or setting simple boundaries, take real courage.

Support from family, friends or caring communities can help lighten the burden. Sharing feelings, accepting help and taking time to heal are important, even if progress feels slow.

Every choice to take care of oneself, no matter how small, is a victory. Moving toward safety, making decisions that feel right and finding reasons to keep going are ways to slowly rebuild strength, confidence and a future filled with peace and respect.



Lord, please help anyone experiencing abuse, neglect or hurt in a relationship.

Give them the courage to reach out for help, the wisdom to take safe steps and the reassurance that they are loved and valued. Amen.

Sourced from www.majellan.media

Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them:

For those who have died recently:

For those whose anniversaries occur at this time:
Celso Batallones, Guillerma Estrada, Ernesto Estrada

Readings next Week

First Sunday in Advent

Is 2:1-5

Ps 121:1-2, 4-5, 6-9

Rom 13:11-14

Mt 24:37-44

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

Parish Ministries

November 22/23

Saturday 5:00

Lectors: Matt Giuliano, Jennifer Tolcher

Eucharist: Cheryl Tay, Margaret Roper,

Music: Christian Gunawan

Laptop: Royal Castellino

Sunday 9:30

Lectors: Bob Munro, John Noronha

Eucharist: Tess Repalust, Evelyn Randrup,
Kath McCrae

Music: Our Lady's Singers **Laptop:** Danae Villani

Children's Liturgy: Ingrid Scott

Morning Tea: Joyce Dean & Sarah

November 29/30

Saturday 5:00

Lectors: Andy & Kate Coombs

Eucharist: Frances Cassidy & Volunteers Please

Music: Alys Cavanagh **Laptop:** Maureen Platt

Sunday 9:30

Lectors: Kathy Munro John Noronha

Eucharist: Volunteers Please

Music: Zomi Choir **Laptop:** Zomi Choir

Children's Liturgy: Jennifer Tolcher

Morning Tea: Prudence Graf

Linen: November—Marie Woodward

Flowers

Week 1 & 2—Elizabeth & Regina (Polish Community)

Week 3 & 4 — Margaret & Friend (Zomi Community)

Week 5—Glynis & Pol (Filipino Community)

Link for Readings of the Day

[https://universalis.com/
australia.melbourne/20240301/mass.htm](https://universalis.com/australia.melbourne/20240301/mass.htm)

1st Sunday of the Month—December 7

Polish Mass 8:00am

4th Sunday of the Month—November 23

Zomi Community Mass 2:00pm

Filipino Mass 5:00pm

Parish Sacramental Program

For those not attending the Parish School, email
trish.chaston@cam.org.au

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school
age children are welcome to attend.

SVDP Christmas Appeal Dec. 2025

This weekend Nov. 22nd Nov. we will launch our SVDP
Christmas Appeal.

Dear Parishioners,

We are kindly asking you to donate towards
assisting many families in need. Our
numbers so far have reached 70, and with
your generosity and help this can be
achieved.

The Christmas Gift Tree donations help to fill
our hampers. Last year we could hardly
keep up with the tags, you may take more
than one.

Boxes for you to fill are also available this weekend.

Donations of the following would be greatly appreciated:

Christmas cake, shortbread, plum pudding, tin of ham, tea or
coffee etc.

There are 3 beautiful hampers to be raffled, plus wine
included. Tickets are \$2. each. Each hamper has around the
same value.

If you prefer to donate money to save you shopping we are
more than happy to do that.

My thanks meantime. Blessings to you all.



November Masses

Names of deceased loved ones can be written in the Prayer Book which
will be placed by the cross for the month of November. Names can be
added throughout the month. Masses throughout November will be
offered for the repose of their souls. Envelopes are available if you wish
to make an offering.

Remembrance Mass – 7 p.m. Tuesday 25th November

This Mass is for families who have farewelled a loved one during the last
12 months and for those whose memories are sacred to us at this time.
Our remembrance month of November leads to the season of Advent in
December when we celebrate the birth of Christ. We are conscious that
this will be a time when grief is especially present as we cherish the
memory of past Christmas seasons spent together. To those who
mourn, we do hope this Mass will bring the peace of Christ to you and
that He will give you comfort. We invite any who have loved ones they
wish to be prayed for at the Mass to call or email the parish office with
their names. There will be a photo display in the church of those who
have died in the last 12 months. This will be in the form of a copy of the
cover of their Funeral Booklet. If you would like your loved one
remembered in this way, you are welcome to leave their photo (named
on the back) at the Parish Office.

Please contact Loredana on 0423 313 336 should you have any queries.

Piety Stall—Advent/Christmas Merchandise

Copies of the 2026 Columban Calendars (\$11) and The Promise—
Advent & Christmas Daily Reflections (\$7) have been ordered and will
be available from the first weekend in November. Also available is a
selection of Christmas Cards. Just a reminder cash only is accepted.

Renovation Fundraising Update

Donations are still trickling in with \$91467.70 raised.

Australian Catholic Youth Festival

We are delighted to announce that the **Australian Catholic Youth Festival (ACYF)** begins **next Sunday 30 November!** Our **Youth** are preparing with great enthusiasm, and the excitement is growing as they get ready for this wonderful faith-filled experience.

All parishioners are warmly invited to join us at the St John's **9:45am Mass next Sunday**, where our young people will be commissioned and blessed as they go forth to represent our parish at the ACYF.

You are also invited to St Patrick's Cathedral for the **ACYF launch, WYD Cross reception and Pilgrim Walk.**

Cathedral Program:

1.30pm—Melbourne Catholic Festa

2.30pm—Reception of the WYD Cross and Icon

3.00pm—Pilgrimage Walk (5Km to Melbourne Exhibition Centre—3km return option available)

Please keep them in your prayers and come celebrate this special moment with our youth and parish community!

Safeguarding Training

Just a reminder that all volunteers should complete the training module every 3 years. Please go to: www.safeguarding.melbournecatholic.org to complete training. If unsure if you need to do this contact the office and speak to Janine.

Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

TIME OUT—DON'T BE LONELY

Come and join our Time-out Group: a few laughs and good company. We meet on the **3rd Wednesdays** of the month for luncheon/meeting at 12 noon in the Narthex. Bring a plate to share and a gold coin donation.

Also join us on:

The **1st Wednesdays**: a dine out lunch at one of the eateries in the area. Phone Allan Jones or Maree to book on 98704831 or 046783051.

The **4th Wednesdays**: "Morning Melodies" at the Dorset Gardens Hotel, Croydon. Meet at 10:00am in the Foyer. \$15 includes morning tea and the show. Contact Lyn Crane on 0438021143

There are two Book Clubs in the area held on the **1st Fridays**: call Merle Smith on 98703517 for details.

Child Safety

The Child Safety Officers identified by a name tag should be the first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.

Everyday Comfort Reflections

We must remember that life begins at home and we must also remember that the future of humanity passes through the family

Mother Teresa

Outreach Pastoral Care Ministry

If you or someone you know would like to have a chat, please don't hesitate to call me (Loredana) on 0423 313 336 or e-mail loredana.iacobucci@cam.org.au.

ST VINCENT de PAUL

RINGWOOD CONFERENCE DONATION OPTION

If you wish to donate directly, our Bank Account details are:
A/C Name: SVDP Vic-Conf Gift Account
BSB: 063003 A/C No: 10081787 Ref: Ringwood Conf 447
On behalf of the Conference thank you for your donation.

Develop community self-reliance and create lasting change!

Discover How you can get involved in Palms International Volunteering

Discover Palms International Volunteering [online](https://www.palms.org.au) in these two special sessions where you'll hear how skill-exchange makes a lasting impact in communities in our Southeast Asian region.

1. Explore our **GAP YEAR opportunities** for (18-25yo) Year 12 graduates and university students, that could shape your future.

Date: Thursday **4 December 2025**

Time: 6pm or 9pm **AEDT** (NSW/VIC/ACT/TAS)

2. Join our **TIMOR-LESTE ENCOUNTER** Information session for those who would like a short taste and tour of Palms placements to Timor-Leste from 14-27 May 2026.

Date: Monday **8 December 2025**

Time: 7.30pm-8.30pm **AEDT** (NSW/VIC/ACT/TAS)

Venue: ONLINE-Scan the QR code or register at palms.org.au/events
Phone: **02 9560 5333** email: palms@palms.org.au

SCAN ME



We acknowledge the Wurundjeri People as the traditional custodians of this land and pay respects to their Elders. We acknowledge that this land continues to be sacred to them.

Stewardship Corner

"...giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light."

Colossians 1:12

God wants us to be happy! Instead of looking at the Ten Commandments as being restrictive and telling us what we can't do, look at them as guides for living a joy-filled and peaceful life. Most of our problems arise when we put our own needs first or we spend most of our time trying to acquire more stuff. Instead, try putting God first in all things. We were made for God. Open your heart and let Him in!

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a regular amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit.

To become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to the 'donate' page on the parish website and choose how you wish to support the parish.

If you would like to support our Parish via TAP and GO please use the terminals located in the narthex and in the church. All you need to do is to select the amount displayed and tap the terminal with your credit card / debit card / smart phone or smart watch—your contribution will go straight into our Church account.

Any loose cash contributes to the support of the Parish Priest.

If you would like to contribute to the support of our Priests here are the Bank details:

Account name: St Johns Presbytery Account
BSB 083347 ACCT NO. 459 634 437

to support our parish click
[HERE](#) or use the QR Code

Please chose where you
wish your
support to go.



Parish Meetings

Parish Pastoral Council: First Wednesday of Month
Parish Finance Council:
Safeguarding Committee: 7:30pm
Time Out: Third Wednesday of Month 12 noon

St Vincent de Paul Piety Stall

CASH ONLY—Sorry.

The piety stall has available items for Sacraments: stoles, cards, gifts. Opened: After 5:00pm Mass Saturday and 9:30 am Mass Sunday. For welfare enquiries please call Vinnies on 1800 305 330 Mon-Fri 10am–3pm

Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire— St Johns

Call Manuela at St John's Parish Office for more information. <https://stjohnsmitcham.com.au/venue-hire>

Journey through loss—December10

When we lose a loved one, the emotions can be overwhelming, grieving can take many forms. Our friendly and informal gathering gives an opportunity to support each other as we journey through grief and loss. Please join us: *Every second Wednesday of the month at 10:30am St John's Parish Office. Gold coin donation welcome.*

Share the Joy of Christmas

You are invited to the

Christmas Lunch

at St John's on Thursday 25th December at
12.30pm

If you are spending Christmas by yourself or if you simply want to share the joy of this day with other people please join us at the Christmas lunch that will be held at St John's in the Coghlan centre.

The food will be offered by the Parish and you are invited to bring a sweet plate that you normally love to eat at Christmas to share.

If anyone feels to give a donation for the lunch please contact the parish office and we thank you in advance for your generosity.

RSVP by **Tuesday 23rd December** at the Parish office by phone 9401 6366 or by email mitcham@cam.org.au



House of Books

Monday—Friday 10am - 4pm Saturday 10am-1pm Closed
Sundays & Public Holidays. Finished your 'to be read pile'! Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John's Church.

All books, CD's and DVD's have been donated and there are books for every taste, including fiction and non-fiction and an extensive children's section. Prices generally range from \$1-\$5.