



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: <https://www.melbcatholic.org/s/ringwood>



Sixteenth Sunday in Ordinary Time (Year B)

21 July 2024

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Parish Catechist

Trish Chaston

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5:00 p.m.

Sunday 9:30 a.m.

Week Day Masses

Tuesday 6:00p.m. Mass and Novena

Thursday 9:15 a.m.

First Thursday—Healing Mass

Confessions

Thursday 9:45 a.m.

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

Mark 6:30-34

Jesus invites his disciples to rest after their ministry, and Jesus is moved with pity for the crowds who pursue them.

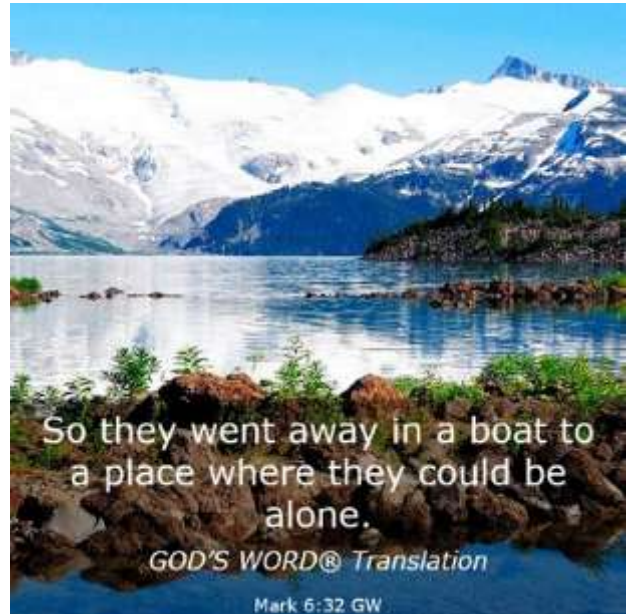
Family Connection

Family demands can make us feel like Jesus and the twelve apostles. We wish for times of relaxation and renewal, but there are errands to do, household chores to keep up with, volunteer commitments to keep. These are all good things, but we can be left feeling drained and tired as we try to keep up. Perhaps we might

take the opportunity this week to give ourselves permission to find the rest and relaxation that Jesus seeks for his disciples in today's Gospel. One of the gifts we can give to one another in our family life is assistance in finding the time and space to renew ourselves through prayer.

Review your family calendar and spend some time reflecting on your family activities. In particular, ask if your family has an appropriate amount of time for rest and relaxation. If not, discuss ways in which this time for renewal might be included in the week ahead.

<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/>



Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them: Peter Harris,

For those who have died recently: Beryl Corder, Adrian Bettiol

For those whose anniversaries occur at this time: Vincenzo Urbano

Readings next Week

17th Sunday in Ordinary Time

2 Kg 4:42-44

Ps 144:10-44, 15-18

Eph 4:1-6

Jn 6:1-15

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

Parish Ministries

July 20/21
Saturday 5:00

Lectors: Amelia Mitchell, Frances Cassidy

Eucharist: Margaret Roper, Kate & Andy Coombs

Music: Christian Gunawan

Laptop: Maureen Platt

Sunday 9:30

Lectors: Angela Lacey, Kerry Peterson

Eucharist: Paula & Jim Corcoran, Sean Peterson

Laptop: Jos Vandersman

Children's Liturgy: Tess Repalust

Morning Tea: Team 3

July 27/28
Saturday 5:00

Lectors: Amelia Mitchell, Frances Cassidy

Eucharist: Margaret Roper, Kate & Andy Coombs

Music: Guitar Group

Laptop: Royal Castellino

Sunday 9:30

Lectors: Angela Lacey, Kerry Peterson

Eucharist: Paula & Jim Corcoran, Sean Peterson

Music: Our Lady's Singers

Laptop: Bob Munro

Children's Liturgy: Jennifer Tolcher

Morning Tea: Team 3

Flowers

Week 1 & 3—Polish Community

Week 2 & 4— Zomi Community

Week 5—Lyn Bolton, Merle Smith, Lyn Crane

Linen:

Link for Readings of the Day

<https://universalis.com/>

australia.melbourne/20240301/mass.htm

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

Please note: 2nd Sunday of the Month—July 14

Polish Mass 8:00am

4th Sunday of the Month—July 28

Zomi Community Mass 2:00pm

Filipino Mass 5:00pm

Parish Sacramental Program

For those not attending the Parish School, email trish.chaston@cam.org.au

St Vinnies Winter Appeal

Our grateful thanks to all who have donated to our Winter Appeal, these are hard times and you have emptied your wallets to help the needy, especially the homeless who are the focus of this year's appeal.

Without the wonderful response from the following: Our Lady's Time Out Group, the teachers and parents of Our Lady's Mini Vinnies and Aquinas College who donated so much non-perishable food, our Piety Stall from their profit, and those who donated anonymously proves that we have a great Parish who cares for the those who need a hand up.

Since the start of the year, we have visited 200 homes, we go out at 10am Tues to Fri and our day does not end there. After 3:30 pm we contact those who have requested a call for the next day and discuss their needs.

This week we have seen two homeless companions (no longer called clients). Today was a good outcome, he and his dog have been allowed into a boarding house, so he has a roof over his head after 2 years of couch surfing. Yesterday, we found it hard, a man living in his old unworthy car in a shed. We could see he was embarrassed because he had lost his business and was reluctant to ask for help. These are only two examples of the many homeless we see as they face such cold nights.

Keep them in your prayers.

SVDP Conference.

LOST & FOUND

There have been a number of items found in the church over the last couple of weekends: a myki card & a gold ring. Please speak to Breeda or Fr Dispin if you think it might belong to you.

Our Lady's Fete Saturday 26th October.

Our Parish rep. on the Fete Committee is Dean Scott. Contact:

dean_ingrid@yahoo.com (0490 384314) for any questions,

suggestions, offers of help etc. You can help:

- * Raise/grow plants to donate to the Plant Stall
- * volunteer to work on a stall
- * provide donations for the Silent Auction
- * Get in touch if you know of a business who might be interested in sponsorship (packages available for advertisers)
- * Clothes and Books in good condition may be dropped off after 9:30am mass on Sundays.



Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

Children's Liturgy

Parents and helpers are welcome to stay for children's liturgy during 9:30 mass. We would welcome anyone who is interested in helping the children learn about the Mass. Please speak to Ingrid, Tess or Jenny or call the Parish Office.

Appeal for Stella Maris, Apostleship of the Sea

This week we celebrate Sea Sunday, when the church prays for all those who live and work at sea. Without them, we would not have most of the items we rely on for daily living. Even during a pandemic, seafarers continue to bring into our ports products that sustain our population and economy. Stella Maris, Apostleship of the Sea is the official maritime welfare agency of the Catholic Church. It supports seafarers both practically and spiritually. To assist this Catholic ministry you can donate at:

<https://stellamarisaustralia.org/sea-sunday-appeal/>

Kid's Corner

Toys are available in the narthex for children to play with quietly, either in the "crying room" or the narthex. Children should be supervised by an adult.

Safeguarding Update

The safety of children and vulnerable people is everyone's responsibility. Our Parish is committed to the care, wellbeing and protection of children, and vulnerable people in our community. Updated policies have been produced by the Archdiocese and links to these are available on the Parish website. A reminder that anyone volunteering in the Parish needs a current Working With Children Check (WWCC) or VIT registration (Volunteering should be registered through the VIT website and a copy of your current card sent to the office); whether you are reading, taking up the collection, playing the organ, singing as part of the choir, doing the flowers, cleaning the church, serving morning teas etc. this is a requirement.

Child Safety

The Child Safety Officers (in high-vis vests) should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex

Renovation Fundraising Update

Donations are still trickling in with **\$71245.10** raised. (Contribute by Direct Debit to our **Repair and Maintenance Account: BSB 083 347 Account 534233044** use your surname in reference line OR Envelopes are available if you would like to contribute by cash/cheque.

PRAYER LINE MINISTRY @ OUR LADY'S

"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."

Ephesians 6:18

"Pray for one another, that you may be healed" James 5:16

For prayer requests, please call Loredana 0423 313 336 or contact the Parish Office.

Lord help me to remember
that nothing is going to happen to me today
that You and I together can't handle.

Amen.

From: My Catholic life

Women's Prayer Group

COME AND SPEND TIME WITH THE LORD

Our Lady of Perpetual Help Church,
14 Bedford Rd. Ringwood

MONDAY nights during school term @ 7.45pm-9.15pm

7.45pm- Cuppa & Chat
8.00pm- Silent Prayer in the Church
8.20pm- Reflection & Optional Sharing
9.00pm - Intercession & Closing Prayer

All women welcome. For more info contact Ianthe: 0431118080

Stewardship Corner

"He said to them, "Come away by yourselves to a deserted place and rest a while." Mark 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a weekly/monthly amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit. Any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese. Become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to the 'donate' page on the parish website and choose how you wish to support the parish.

to support our parish
click [HERE](#) or use the QR
Code
Please chose where you
wish your
support to go.



Parish Meetings

Parish Pastoral Council: First Wednesday of Month

Parish Finance Council:

Safeguarding Committee: 7:30pm August 21st

Time Out : Third Wednesday of Month 12 noon

St Vincent de Paul Piety Stall

CASH ONLY—Sorry.

The piety stall has available items for Sacraments:

stoles, cards, gifts. Opened: After 5:00pm Mass

Saturday and 9:30 am Mass Sunday. For welfare

enquiries please call Vinnies on 1800 305 330 Mon-

Fri 10am –3pm

Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire— St Johns

Call Manuela at St John's Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

Journey through loss—August 14

When we lose a loved one, the emotions can be overwhelming, grieving can take many forms. Our friendly and informal gathering gives an opportunity to support each other as we journey through grief and loss. Please join us: Every second Wednesday of the month at 10:30am St John's Parish Office. Gold coin donation welcome.

Christian Meditation

We meditate fortnightly. You are most welcome to join us. Lockdown can sorely test our endurance and spirits. If you are interested in deepening your spirituality, or want to know what God wants of you at present, you must try this.

To indicate your interest or for any enquiries:

Chris Ryan, 9401 6366.

House of Books

Finished your 'to be read pile'! Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John's Church.

All books, CD's and DVD's have been donated and there are books for every taste, including fiction and non-fiction and an extensive children's section. Prices generally range from \$1-\$5. The Bookshop is open from 10am to 4pm Monday to Friday and 10am to 1pm on Saturdays.