



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: <https://www.melbcatholic.org/s/ringwood>



Fifth Sunday of Lent (Year C)

6 April 2025

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Fr Maurie Cooney (retired)

Parish Catechist

Trish Chaston

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5:00 p.m.

Sunday 9:30 a.m.

Week Day Masses

Tuesday 6:00p.m. Mass and Novena

Thursday 9:15 a.m.

First Thursday—Healing Mass

Confessions

Thursday 9:45 a.m.

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

Caring for Our Health, Embracing Life

"Health is the greatest gift, contentment the greatest wealth,
faithfulness the best relationship."

~ Buddha ~

Good health is one of life's greatest gifts, and it's never too early or too late to care for it. The choices we make each day, from eating healthy foods to staying active and getting enough rest, help build our strength and support our well-being.

Health is not just about the body, a peaceful mind and a positive outlook matter too. Taking moments to breathe, laugh and spend time with loved ones helps restore balance and energy.

Each day is an opportunity to take care of ourselves and others. A simple walk, a glass of water or a full night's sleep may seem small, but together, they build a life of vitality.

Let's celebrate the gift of life by making choices that help us thrive. When we care for our health, we open the door to a future filled with energy, hope and joy.

"Lord, thank You for the gift of health. Help us take time to rest, recharge and appreciate the simple moments with loved ones. Fill our hearts with strength and vitality, and guide us to live each day with purpose. Amen."

Sourced from www.majellan.media

Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them

For those who have died recently:

For those whose anniversaries occur at this time:

Bernard Berthelsen, Peter Glennie

Readings next Week

Palm Sunday

Is 50:4-7

Ps 21:8-9, 17-20, 23-24

Phil 2:6-11

Lk 22:14-23:56

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

Parish Ministries

April 5/6 –5th Sunday of Lent

Saturday 5:00

Lectors: Val Prendergast, Prudence Graf

Eucharist: Jennifer & Martin de Korte,
Sian Giuliano

Laptop: Matt Guiliano

Sunday 9:30

Lectors: Frances Cassidy, Maria Cruz

Eucharist: Jim Fuller, Bob Munro, Shiny Kurian

Laptop: Jos Vandersman

Morning Tea: Team 1

April 12/13—Palm Sunday

Saturday 5:00

Lectors: Christian Gunawan, Frances Cassidy, &
Prudence Graf

Eucharist: Carmel Risson, Frances Cassidy,
Glynis Misquitta

Laptop: Joshua Berketa

Music: Rohan Smith

Sunday 9:30

Lectors: Evelyn Randrup, Kate & Andy Coombs

Eucharist: Peter & Breeda Cleary, Shiny Kurian

Music: Our Lady's Singers

Laptop: Bob Munro

Morning Tea: Team 2

Linen: April—Sofia Sobelska

Flowers: Week 1 & 2—Polish Community
Week 3 & 4— Zomi Community

Link for Readings of the Day

[https://universalis.com/
australia.melbourne/20240301/mass.htm](https://universalis.com/australia.melbourne/20240301/mass.htm)

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

1st Sunday of the Month—April 6

Polish Mass 8:00am

4th Sunday of the Month—April 27

Zomi Community Mass 2:00pm

Filipino Mass 5:00pm

Parish Sacramental Program

For those not attending the Parish School, email
trish.chaston@cam.org.au

Project Compassion Boxes

Project Compassion Boxes can be returned at the Offertory at the Holy Thursday liturgy.

Have you picked up your New Thanksgiving Envelopes?

There are still a handful of the new sets of envelopes needing to be collected from the narthex.

Working Bee

Thank you to everyone who turned up last Sunday ready for work. We should have had more jobs to keep everyone busy as it was we ran out of toppings!

But...more will be delivered this week. I hope there will be some able bodies prepared to have another go this Sunday 6th April after 9.30 Mass. Well done all.

Lenten Program 2025—A few copies left

Metanoia—the Lenten Program from the Wollongong Diocese is now available for \$9.00 from the Piety Stall.

St Vincent de Paul News: Good Works -Maroondah Grants

‘Today we live in a world where people are isolated. This initiative helps bring members of St Vincent de Paul society, school principals, teachers and families with the goal of ensuring children have an opportunity for education.’

Through this initiative, the conference has expanded its outreach, helping families who may have otherwise gone unnoticed. The impact of this work is continuously being felt within the community,. With the Grant's support, the Ringwood Conference provides schools with funding for education, excursions and essential supplies. Grateful parents have shared how this support has not only eased the financial burden but also boosted their children's confidence in the classroom. By ensuring children have access to the resources they need, the Maroondah Grant does more than just cover costs—it provides hope. The Ringwood Conference is deeply grateful for the continued support of the Maroondah City Council and looks forward to further strengthening its impact in the community.

Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome. Play occurs regardless of the weather.

Renovation Fundraising Update

Donations are still trickling in with \$81552.00 raised. (Contribute by Direct Debit to our **Repair and Maintenance Account: BSB 083 347 Account 534233044** use your surname in reference line OR Envelopes are available if you would like to contribute by cash/cheque.

Child Safety

The Child Safety Officers, no longer wear the orange vests but can be identified by a name tag. They should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.

Carer Connect Group

Are you a carer? Do you feel a bit overwhelmed at times? Maybe you might like to come along to the Carer Connect Group!

When: Every second Saturday of the month, 10:00-11:30 am

Where: 8a Surrey St, Ringwood

Who: For anyone in a caring role - whether you are a parent looking after a child with special needs, somebody caring for an elderly relative, a partner, or working in the caring professions.

What: A time to chat, share our wins and struggles, connect with God during a gentle meditation, and share our self care tips so you can carry on being the amazing carer you are! Call or message Alys on 0400896542 if you would like to come along.

Australian Catholic Youth Festival

Sunday 30 November—Tuesday 2 December

The Festival will be held at the Melbourne Convention and Exhibition Centre (MCEC). Group registration for the Festival will officially open in early May 2025. We are able to advise that indicative pricing will range from \$390–410 per person for the entire Festival with access to all areas and experiences. Groups will be responsible for all travel to/from the Festival as well as organising any accommodation needs. Meals from vendors at the venue will be available at additional cost.

More information on the parish website

Share the Joy of the Risen Lord!

You are invited to the Easter Lunch
at St John's
on Sunday 20 April at 12.30pm

If you are spending Easter by yourself or if you simply want to share the joy of the Risen Lord with other people, please join us at the Easter lunch that will be held at St John's in the Coghlan centre.

The food will be offered by the Parish and you are invited to bring a sweet plate that you normally love to eat at Easter to share.

If anyone wants to give a donation for the lunch please contact the parish office and we thank you in advance for your generosity.

RSVP by Thursday 17th April at the Mitcham Parish office by phone 9401 6366 or by email mitcham@cam.org.au

Everyday Comfort Reflections



The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him."

Lamentations 3:22-24

Outreach Pastoral Care Ministry

Pastoral care is available @ Our Lady's, if you or someone you know would like to have a chat, please don't hesitate to call me (Loredana) on 0423 313 336 or e-mail loredana.iacobucci@cam.org.au.



Fifth Sunday of Lent 5th and 6th of April 2025

The life-changing work of Caritas Australia is only made possible by the unwavering generosity of our supporters and the dedication of our local partners on the ground.

Our partners are the true heroes, working tirelessly on the frontlines every day to transform lives and build brighter, more hopeful futures for their communities.



Please donate today.

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at: caritas.org.au/project-compassion

Or by calling: 1800 024 413

Catholic Theological College

Invites you to our

Engaging Your Faith online presentations

From \$25 per session.

For more information and to register:

Stewardship Corner

"...For his sake I have accepted the loss of all things and I consider them so much rubbish, that I may gain Christ..." (Philippians 3:8)

The first commandment says that we should not put other gods before the Lord. Sharing all of our gifts - our time in prayer, our talent in charitable works, and our treasure to support the Church helps us keep God first in everything. It helps us from putting other gods before God. It helps us from becoming a slave to our possessions. It helps us to use our gifts for the glory of God and not for the glory of ourselves.

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a regular amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit. Any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese. Become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to the 'donate' page on the parish website and choose how you wish to support the parish.

to support our parish
click [HERE](#) or use the QR
Code
Please chose where you
wish your
support to go.



Parish Meetings

Parish Pastoral Council: First Wednesday of Month
Parish Finance Council:
Safeguarding Committee: 7:30pm
Time Out : Third Wednesday of Month 12 noon

St Vincent de Paul Piety Stall

CASH ONLY—Sorry.

The piety stall has available items for Sacraments: stoles, cards, gifts. Opened: After 5:00pm Mass Saturday and 9:30 am Mass Sunday. For welfare enquiries please call Vinnies on 1800 305 330 Mon-Fri 10am–3pm

Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire— St Johns

Call Manuela at St John's Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

STATIONS OF THE CROSS

Come and pray the Stations of the Cross in the Church every Friday during Lent at 9.15am.

Journey through loss—April 9

When we lose a loved one, the emotions can be overwhelming, grieving can take many forms. Our friendly and informal gathering gives an opportunity to support each other as we journey through grief and loss. Please join us: Every second Wednesday of the month at 10:30am St John's Parish Office. Gold coin donation welcome.

St John's Parish 2025 Women's Retreat Weekend

The Power of Presence:

Connecting Through Prayer

Has it been a while since you feel you have connected with God?

You are invited to our parish weekend for women!

When: Friday June 27, 7.30pm to Sunday June 29, 3pm

Where: Pallotti College, McNamara's Rd, Millgrove

Accommodation: in own room with shared bathroom

This retreat offers a chance to slow down, listen and connect with God in fresh and meaningful ways. Come and experience a variety of ways to pray, as well as enjoying rest and the fellowship of other parish women.

Facilitated by Kathleen Ward and including a session with Gen Bryant

For further information and to book:

<https://forms.gle/nzNdxxEfCDWSu3zq8>

or contact Lorraine at lorraine613@bigpond.com

Please come!

We acknowledge the Wurundjeri People as the traditional custodians of this land and pay respects to their Elders. We acknowledge that this land continues to be sacred to them.