



THE TIDINGS

SERVING THE AREAS OF MELTON, MELTON WEST, AINTREE, BONNIE BROOK,
GRANGEFIELDS, HARKNESS, KURUNJANG, PLUMPTON, ROCKBANK & TOOLERN VALE

The Catholic
Parish of Melton
is committed
to the safety,
wellbeing and
dignity of all
children and
vulnerable
adults

5TH SUNDAY IN ORDINARY TIME — Year B | 4 February 2024

CLERGY

Parish Priest: REV. FR MICHAEL MOODY

Parish Deacon: REV. DCN CHRIS CREO

Email: Cristopher.Creo@cam.org.au

STAFF & VOLUNTEER COORDINATOR

Parish Secretary: VIVIEN LEMALU

Finance Manager: LORRAINE STAFFORD (Thurs & Fri)

Email: Finance.Melton@cam.org.au

Safeguarding Coordinator: LIZ COUSTLEY

Mobile: 0490 885 515 | Email: cso.melton@gmail.com

POSTAL ADDRESS

PO Box 96, MELTON, VIC 3337, Australia

PRESBYTERY & OFFICE

20 Unitt Street, MELTON, VIC 3337

Contact: 03 9743 6515 | Email: melton@cam.org.au

Website: <http://www.melbatholic.org/melton>

YouTube: <https://www.youtube.com/c/parishmelton>

Facebook: <https://www.facebook.com/catholicparishmelton>

OFFICE HOURS

Tuesday to Friday 9.00am–3.00pm

(The parish office is CLOSED on weekends and public holidays)

MASS CENTRES & MASS TIMES THIS WEEK

St Catherine of Siena Church, Melton West

108 Bulmans Road, Melton West, VIC 3337

- Saturday 6pm (Vigil Mass)
- Sunday 9am, 11am & 5pm
- Wednesday 9.30am (joined by St Catherine of Siena Primary)

St Dominic's Church, Melton

Church St, Melton, VIC 3337

- Thursday and Friday 9.15am

CONFESSIONS

St Catherine of Siena Church

Saturday: 5.45 pm | Sunday: 4.45pm

ADORATION OF THE BLESSED SACRAMENT & ROSARY

St Dominic's Church

- Thursday following the 9.15am Mass

SCHOOLS IN OUR PARISH

ST DOMINIC'S PRIMARY SCHOOL (Prep-Year 6)

Principal: Mr Jeffrey Parker

Address: Church Street, Melton, VIC 3337

Phone: +61 3 9743 6225

Email: enquiries@sdmelton.catholic.edu.au

ST CATHERINE OF SIENA CATHOLIC

PRIMARY SCHOOL (Prep-Year 6)

Principal: Ms Carmel Marantelli

Address: 108 Bulmans Road, Melton West, VIC 3337

Phone: +61 3 9743 2166

Email: info@scmeltonwest.catholic.edu.au

SAINT FRANCIS CATHOLIC COLLEGE

Melton West (Year 7-12) | Cobblebank (Year 7)

formerly Catholic Regional College Melton

Principal: Ms Marlene Jorgensen

Address: 109-141 Bulmans Rd, Melton West, VIC 3337

Phone: +61 3 8099 6000

Email: info@sfcc.vic.edu.au

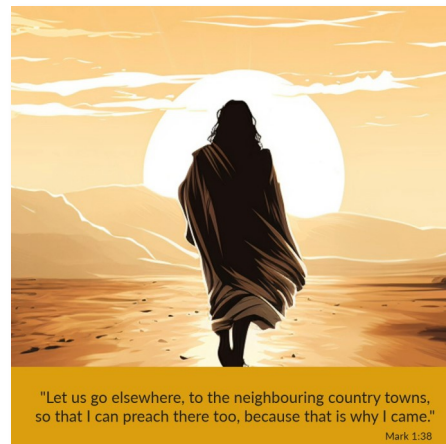
Living the Gospel

Prayer

In the midst of an extremely hectic 24 hours where Jesus effectively launches his public ministry, Jesus takes time to go aside to a lonely place and pray.

The passage tells us that it was 'long before dawn' that he did this. It may have been his usual practice to pray early in the morning or he may have been restless after the events of the previous day and the thought of what lay ahead.

Nevertheless, Jesus provides us with a model of using prayer to reflect on events and to prepare ourselves for the day ahead.



"Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came."

Mark 1:38

RESPONSORIAL PSALM

Praise the Lord, who heals the broken-hearted.

GOSPEL ACCLAMATION

Alleluia, alleluia!

He bore our sickness, and endured our suffering.

Alleluia!

Today's Scripture Readings

Job 7:1-4, 6-7; Ps 146 (147); 1 Cor 9:16-19, 22-23; Mk 1:29-39

Next Sunday's Scripture Readings

Lev 13:1-2, 44-46; Ps 31 (32); 1 Cor 10:31-11:1; Mk 1:40-45

NOTICE TO PARISHIONERS

Our schools will be joining us for several weekday Masses throughout Term 1 so some weekday Masses will be at St Catherine of Siena Church or St Dominic's Parish Hall. Morning Mass on Wednesday February 7th will be at 9.30am for at St Catherine of Siena Church for St Catherine of Siena Primary School's Start of Year Mass.

Parish Stewardship Update

December Pledged: \$6,205.93

Actual: \$4,770.62



Thank You



First Aid & Defibrillator is located in the Lay-Sacristy.



WHY WE DO THINGS IN THE MASS

Liturgical Body Language

LITURGY is made up of more than words and music alone. Gesture, posture and movement are integral to communal ritual and worship.

Five different whole-of-body positions are adopted at different times in the liturgy: standing, sitting, kneeling, walking and, occasionally, prostration.

Standing expresses joy, praise and thanksgiving and is a sign of respect and reverence. Hence we stand for the prayers of the Mass, for the general intercessions and for the reading of the gospel. In some parts of the world, the assembly stands throughout the eucharistic prayer.

Sitting is a posture of rest and openness and so is appropriate for listening to readings from the scripture and to the homily and for times of silent reflection.



Kneeling is a gesture of subservience, petition and piety. It has most commonly been used as a posture for private prayer and as an expression of humility, penance and adoration. Kneeling as a posture of adoration before the Blessed Sacrament is an important part of the liturgical tradition of the Roman Rite.

Walking symbolises that we are a pilgrim people. At every Mass we walk in procession to receive communion. On Psalm Sunday the community processes around the church carrying palm branches and singing 'Hosanna!' At the Easter Vigil we process into the

darkened church following the new paschal candle and proclaiming Christ as our light.

Prostration, a gesture of total submission and vulnerability, involves lying full length on the floor. It is reserved for solemn moments in the liturgy. At the Celebration of the Lord's Passion on Good Friday the celebrants prostrate themselves before the altar in silence before the service begins. An ordinand lies prostrate during the singing of the litany of saints in the sacrament of Holy Orders.

It is customary for people to genuflect before taking their seats in the church as a sign of reverence for the real presence of Christ in the Blessed Sacrament reserved in the tabernacle. The gesture is not necessary if the Blessed Sacrament is reserved in a separate eucharistic chapel.

Occasionally someone will genuflect just before receiving communion. Apart from being hazardous to others in the line, such a gesture contravenes the General Instruction's call for uniformity of posture as a sign of unity.

The new General Instruction approved for Australia, which will be implemented later in the year, directs the faithful to "bow in reverence of the Mystery that we are to receive" when approaching to receive Holy Communion.

Liturgical body language unifies the assembly and communicates respect for the liturgy, the community and for God. Through our gestures we are totally involved – body, mind and spirit – in the act of worship

The article originally published in LITURGY LINES (27 January 2008 by Elizabeth Harrington)

THE SACRAMENTS OF PENANCE, EUCHARIST & CONFIRMATION 2024

You are invited to join our Catholic Parish of Melton's after hours Sacramental Program:

St Luke's Program

For young people who do not attend a Catholic School, or attend a Catholic Secondary School and have not received any of the above Sacraments.

Each program provided to families is coordinated and thorough, and we expect that parents/caregivers are committed to the preparation of their child.

Information and application form for these programs is available online on our Parish website: www.melbcatholic.org/melton or in hard copy form the Gathering Area of the church.

The Sacrament of Penance program begins on Thursday February 8, 2024

Please complete the application form and either email to the parish office at

melton@cam.org.au, drop it in personally at the office between 9am and 3pm or place in the return box in the Gathering Area of the church.



Growing Together In Faith

BULMANS RD ROAD WORKS

BildGroup have done a great job so far with the road construction works over the holidays and are working hard trying to keep to their scheduled opening dates below as much as weather allows:

- Reserve Carpark – 5th February
- Bus Interchange – 12th February

They have been very accommodating with our access on the weekends and when necessary during the week and we thank you for your patience during this time.



We are calling on St John the Baptist, patron saint of Auto Routes and Road Workers (among many other things!) and St Vincent Ferrer, patron saint of builders, for their special intercession!

TAP & GIVE SMART TERMINAL NOW AVAILABLE

We now have a Smart Terminal located at the front desk as you enter and leave that will allow you to tap & give with your debit/credit card or phone to support the work of the Parish.



A Blessing for the New School Year

By Michael McGirr, 2023

*With gratitude for the gift of a fresh new year
we ask blessing on our whole community -
May every classroom be a place of
respect and possibility.*

*May every staffroom and playground be a place of
friendship and laughter.*

May every hall and assembly be a place of connection.

May every library be a place of discovery.

May every tree and plant call us to care for creation.

*May every snack and lunch remind us
of those who are hungry.*

May every student grow in confidence and love of life.

May every teacher find daily vision and hope.

*May every support worker help create
a sense of belonging.*

May every leader find openness and patience.

May every parent grow in wisdom.

*May every name in this school be blessed
because each person is precious
and only together can we learn and grow.*

With school classes resuming this past week, we offer this prayer as our students return and for all families and staff in our schools. We trust you all had a restful summer break and are ready to get back into the swing of a new school year!

PLEASE RING THE MASS MANAGERS IF UNABLE TO ATTEND:

6 pm	Tania Walters	0492 952 478
9 am	Theo Franken	0411 040 897
11am	Bruna Tomassi	9743 0341
5 pm	Josephine Krajina	0407 042 133



Term 1, 2024

eSafety parent and carer webinars

The following live webinars give parents and carers the knowledge, skills and tools to support their children to have safe online experiences.

ESAFETY 101: HOW ESAFETY CAN HELP

This webinar provides an overview of the eSafety Commissioner, and supporting programs and resources for parents and carers, children and young people. It's suitable for parents and carers of children and young people in primary and secondary school.

22 February: 12:30 pm & 20 March: 12:30 pm

UNDERSTANDING PARENTAL CONTROLS TO SAFEGUARD YOUR CHILD

This webinar provides an overview of different types of parental controls and how to set them on smart devices and computers, in apps and on gaming platforms for your child's safety. It's suitable for parents and carers of children and young people in primary school.

20 February: 12:30 pm & 14 March: 12:30 pm

ONLINE SAFETY AND SOCIAL MEDIA: TIKTOK, YOUTUBE AND INSTAGRAM

This webinar provides an overview of managing different functions of social media, including chat and privacy settings, as well as positive conversations about social media use, managing negative content and reporting negative online experiences. It's suitable for parents and carers of children and young people in primary and early secondary school.

**29 February: 12:30 pm &
26 March: 12:30 pm**

**FOR MORE INFORMATION AND TO
REGISTER NOW:**

eSafety.gov.au/parents/webinars



5th Sunday Ordinary Time

Saturday & Sunday February 3 & 4, 2024

MINISTERS OF:	6 PM	9 AM	11 AM	5 PM
Welcomer	Tania Walters	Anne Stokie	Liz Coustley	Josephine Krajina
The Word	Manoj D'Silva	Cira Cleary	Cira Cleary	Frank Unferdorben
Responder	Tetchie Hadfield	Jennifer Peters	Liz Coustley	Michael Higgins
Presentation of Gifts	Robert Obtinalla	Karl Metha	Bruna Tomassi	Josephine Krajina
Holy Communion		Asther Creo	Lea Jacuta	Lesley Sosa-Ritchie
PowerPoint Operator	Kate Mulholland	Sanyata Creo		Nina Ahmet
Gift Shop	Margaret Richards	Maureen Mohr	Lea Jacuta	Frank Unferdorben
Choir	Divine Mercy	Replacement Choir	Veritas Choir	Tongan Choir
Counters	Maria Abela, Tania Walters			
	THE NEW LITURGY ROSTER HAS BEEN EMAILED TO ALL VOLUNTEERS.			

6th Sunday in Ordinary Time

Saturday & Sunday February 10 & 11, 2024

MINISTERS OF:	6 PM	9 AM	11 AM	5 PM
Welcome	Margaret Richards	Asther Creo	Lea Jacuta	Frank Unferdorben
The Word	Daniel Walters	Anne Stokie	Liza Fernandez	Ismael Sosa-Sanchez
Responder	Tania Walters	Theo Franken	Cira Cleary	Josephine Krajina
Presentation of Gifts	Tetchie Hadfield	Karl Metha	Chelsea Amato	Brian Dean
Holy Communion	Robert Obtinalla	Maureen Mohr	Bruna Tomassi	Michael Higgins
PowerPoint Operator	Kate Mulholland	Sanyata Creo	Theo Balebanga	Nina Ahmet
Gift Shop	Tania Walters	Graham Dempsey	Lea Jacuta	Frank Unferdorben
Choir		Replacement Choir	St Anuarite Choir	Filipino Choir
Counters	Karl Metha, Anne Stokie, Maureen Mohr			



First Aid & Defibrillator is located in the Lay-Sacristy.



Order of Malta Australia
In collaboration with
Mercy Palliative Care

VOLUNTEERING TO HELP WITH MERCY PALLIATIVE CARE

A meeting of willing parishioners will be held at **7.30pm on Tuesday February 13th 2024** at St Catherine of Siena Church to learn about the **Order of Malta-Mercy Palliative Care volunteering program**. **Jim Creamer, Mercy Volunteer Coordinator**, will discuss the range of roles, training and supervision that is possible for parish groups. Learn more about how to help the sick with respite support, accompaniment, biography and legacy activities, communion for the sick and bereavement support. All welcome!



VOLUNTEERS NEEDED

- Volunteers are needed to take Communion to the elderly and sick at Willowbrae Melton Aged Care. Please contact the Parish Office if you can be involved.
- We are needing help with picking up 6 wooden seats with kneelers attached to go in the Adoration Chapel. They are located at St Benedict's Church in Burwood. If you have the time, energy and/or vehicle to assist please contact the Parish Office.

NEW TO OUR PARISH?

Welcome!

Please collect a Welcome Pack from the Gathering Area of the church. Once census form is completed place it in the white return box in the Gathering Area.

MISSED OUT ON THE TIDINGS?

Back issues of the parish Tidings are available on our parish website: www.melbcatholic.org/melton



CLICK to VIEW
PREVIOUS BULLETINS



Would you like to receive The Tidings prior to the weekend Masses?

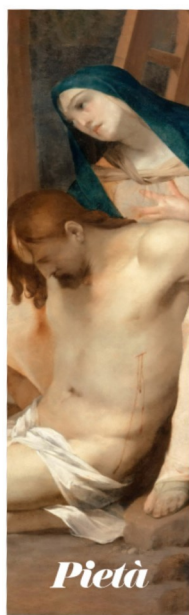
Please send an email to melton@cam.org.au requesting to join the mailing list for The Tidings or scan the QR code subscribe on our website.

THANKSGIVING CAMPAIGN

Dear Parishioners,

On the weekend of the 17th & 18th of February, we will commence our Offertory Giving Campaign in our parish community, which will run over a three-week period. Giving generously is a way to deepen our faith and is a vital part of our identity as Christian worshippers. You are encouraged to engage prayerfully with the content presented and provided over this time and we look forward to growing and going deeper in our relationship with Christ through this process.

PARISH LENTEN GROUPS 2024



This year the theme is "PIETA".

The program commences week of 12/02/2024 and runs over 6 weeks. The supplied booklet is free and easy to follow.

Typically, groups meet at a variety of days and times, either at the Parish meeting room at St Dominic's, or parishioners' homes.

Feedback from participants over the past 17 years is very positive as they felt they were able to openly share their faith and life experiences within the group. The entire program is a faithful and enjoyable experience.

Come along and give it a try – you will be delightfully surprised!

Names are required by Sunday 04/02/2024

(Feel free to organise your own group, but please let Brendan know).

To join please fill in your details on the sheet at the rear of the Church and Brendan will contact you to confirm details of night/day/group.

Enquiries: Brendan Richards
0418 883 550 / bmrichards@ozemail.com.au

HOME VISITATION & BLESSING REQUESTS

For Home Visitation & Blessing requests, please speak to Deacon Chris safter Mass or fill out the online request form:

<https://tinyurl.com/HBlessing>

PARISH BULLETIN SUBMISSIONS

Announcements & Notices: Please submit your announcement or notices not later than 5pm every Wednesday. Bulletin notices are normally retained in **The Tidings** for two weekends. Notices and announcements submitted after the deadline will be considered for publication on the following weekend.



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