



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: <https://www.melbcatholic.org/s/ringwood>



Fifteenth Sunday in Ordinary Time (Year B)

14 July 2024

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Parish Catechist

Trish Chaston

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5:00 p.m.

Sunday 9:30 a.m.

Week Day Masses

Tuesday 6:00p.m. Mass and Novena

Thursday 9:15 a.m.

First Thursday—Healing Mass

Confessions

Thursday 9:45 a.m.

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

EXTENDING KINDNESS TO A STRANGER

"It's one thing to be taught kindness. It's another thing to be touched by it."

Extending kindness to a stranger can be a powerful way to make a positive impact in the world. It doesn't take much effort or time, but the benefits can be significant for both the giver and receiver.

A simple act of kindness like holding the door for someone, offering a compliment or buying someone a cup of coffee can brighten up their day, lift their spirits and make them feel valued. It can also create a ripple effect where the recipient may be inspired to pay it forward to others. Showing kindness to a stranger can also help to break down barriers and promote a sense of community. It can help to counteract negative news stories and restore faith in humanity.

It's important to remember that extending kindness to strangers is not just about doing good for others but also for ourselves. Studies have shown that performing acts of kindness can increase happiness, reduce stress and promote overall well-being.

So how about we make it a habit to extend kindness to strangers whenever we can. You never know how much of an impact it can have on someone's day, or even their life.

"The greatest gift you can give someone is your kindness because it costs you nothing, but it can mean everything to them."
~ St Francis of Assisi ~

Dear God, please bestow upon us the invaluable gift of kindness. Teach us to be patient, understanding and compassionate towards one another. May we embody empathy in our words and actions, lifting each other up in times of need. Guide us to spread warmth and love wherever we go. Amen.

Sourced from www.majellan.media

Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them: Peter Harris,

For those who have died recently

For those whose anniversaries occur at this time: Theresa Tsun, Ivan Fernando, Joseph Pinto

Readings next Week

16th Sunday in Ordinary Time

Jer 23:1-6

Ps 22

Eph 2:13-18

Mk 6:30-34

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

Parish Ministries

July 13/14
Saturday 5:00

Lectors: Carla Jansen, Christian Gunawan
Eucharist: Carmel Risson, Frances Cassidy,
Amelia Mitchell
Laptop: Matt Giuliano

Sunday 9:30

Lectors: Evelyn Randrup, Kathy Munro
Eucharist: Peter & Breeda Cleary, Shiny Kurian
Music: Our Lady's Singers
Laptop: Bob Munro
Children's Liturgy: Resumes next week
Morning Tea: Team 2

July 20/21
Saturday 5:00

Lectors: Amelia Mitchell, Frances Cassidy
Eucharist: Margaret Roper, Kate & Andy Coombs
Music: Christian Gunawan
Laptop: Maureen Platt

Sunday 9:30

Lectors: Angela Lacey, Kerry Peterson
Eucharist: Paula & Jim Corcoran, Sean Peterson
Laptop: Jos Vandersman
Children's Liturgy: Tess Repalust
Morning Tea: Team 3

Flowers

Week 1 & 3—Polish Community
Week 2 & 4— Zomi Community
Week 5—Lyn Bolton, Merle Smith, Lyn Crane

Linen:

Link for Readings of the Day

<https://universalis.com/australia.melbourne/20240301/mass.htm>

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

Please note: 2nd Sunday of the Month—July 14

Polish Mass 8:00am

4th Sunday of the Month—July 28

Zomi Community Mass 2:00pm

Filipino Mass 5:00pm

Parish Sacramental Program

For those not attending the Parish School, email trish.chaston@cam.org.au

St Vinnies Winter Appeal

Our grateful thanks to all who have donated to our Winter Appeal, these are hard times and you have emptied your wallets to help the needy, especially the homeless who are the focus of this year's appeal.

Without the wonderful response from the following: Our Lady's Time Out Group, the teachers and parents of Our Lady's Mini Vinnies and Aquinas College who donated so much non-perishable food, our Piety Stall from their profit, and those who donated anonymously proves that we have a great Parish who cares for the those who need a hand up.

Since the start of the year, we have visited 200 homes, we go out at 10am Tues to Fri and our day does not end there. After 3:30 pm we contact those who have requested a call for the next day and discuss their needs.

This week we have seen two homeless companions (no longer called clients). Today was a good outcome, he and his dog have been allowed into a boarding house, so he has a roof over his head after 2 years of couch surfing. Yesterday, we found it hard, a man living in his old unworthy car in a shed. We could see he was embarrassed because he had lost his business and was reluctant to ask for help. These are only two examples of the many homeless we see as they face such cold nights.

Keep them in your prayers.

SVDP Conference.

Miki Card found in the church on Monday morning—please speak to Breeda if you have lost a card.

Children's Liturgy

Parents and helpers are welcome to stay for children's liturgy during 9:30 mass. We would welcome anyone who is interested in helping the children learn about the Mass. Please speak to Ingrid, Tess or Jenny or call the Parish Office.

2024 Parish First Reconciliation Classes

Preparation classes for the sacrament of Reconciliation will begin on Thursday 18th July 2024 for students who do not attend a Catholic school. These classes are conducted at Our Lady's Church Ringwood, Thursday afternoons 4:00 – 5:00pm. For further information or to enrol your child contact Trish Chaston via email. trish.chaston@cam.org.au

Our Lady's Fete Saturday 26th October.

Save the date! Our Parish representative on the Fete Committee is Dean Scott. Contact: dean_ingrid@yahoo.com (0490 384314) for any questions, suggestions, offers of help etc. You can help:

- * Raise/grow plants to donate to the Plant Stall
- * Volunteer to work on a stall
- * Provide donations for the Silent Auction
- * Sponsor the fete; check out packages available for advertisers.

Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

Kid's Corner

Toys are available in the narthex for children to play with quietly, either in the "crying room" or the narthex. Children should be supervised by an adult.

Safeguarding Update

The safety of children and vulnerable people is everyone's responsibility. Our Parish is committed to the care, wellbeing and protection of children, and vulnerable people in our community. Updated policies have been produced by the Archdiocese and links to these are available on the Parish website. A reminder that anyone volunteering in the Parish needs a current Working With Children Check (WWCC) or VIT registration (Volunteering should be registered through the VIT website and a copy of your current card sent to the office); whether you are reading, taking up the collection, playing the organ, singing as part of the choir, doing the flowers, cleaning the church, serving morning teas etc. this is a requirement.

Child Safety

The Child Safety Officers (in high-vis vests) should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex

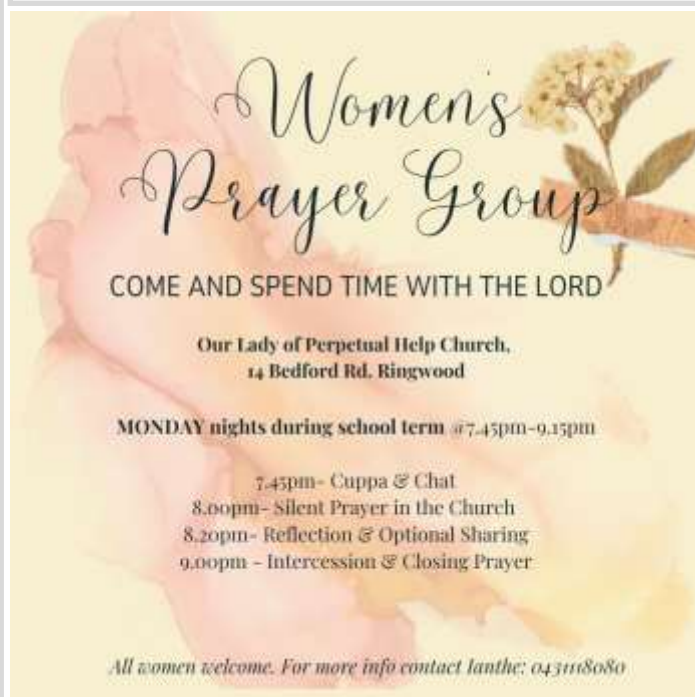
Renovation Fundraising Update

Donations are still trickling in with **\$71070.10** raised. (Contribute by Direct Debit to our **Repair and Maintenance Account: BSB 083 347 Account 534233044** use your surname in reference line OR Envelopes are available if you would like to contribute by cash/cheque.

Heart of Life

Meditation & Mindfulness in the Christian Tradition - 10x Thursday, 12 Sept – 14 Nov 2024, 11am–12pm (in-person event) Roland Ashby

This series offers a beautiful space to stop for an hour to explore the ancient way of contemplation and tap into a deep spring of love, joy, peace and compassion at the centre of being. Bookings via <https://www.heartoflife.melbourne/events/meditation-mindfulness-in-the-christian-tradition-sem2/?> or email info@heartoflife.melbourne. Cost \$100 for the series.



PRAYER LINE MINISTRY @ OUR LADY'S

"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." Ephesians 6:18

"Pray for one another, that you may be healed" James 5:16

For prayer requests, please call Loredana 0423 313 336 or contact the Parish Office.

Bless Yahweh, my soul, from the depths of my being, his Holy name;

bless Yahweh, my soul, never forget all his acts of kindness.

He forgives all your offences, cures all your diseases, he redeems your life from the abyss, crowns you with faithful love and tenderness;

he contents you with good things all your life, renews your youth like an eagle's.

Yahweh acts with uprightness, with justice to all who are oppressed;

he revealed to Moses his ways, his great deeds to the children of Israel.

Yahweh is tenderness and pity, slow to anger and rich in faithful love;

Psalm 103: 1-8

Stewardship Corner

"He instructed them to take nothing for the journey but a walking stick – no food, no sack, no money in their belts." Mark 6:8

Imagine taking nothing but a stick when you go on a trip. The Apostles must have really trusted in God's providential care. Think of all the material things "we can't live without" in today's world. We make our life's journey more difficult because of all the material baggage that we drag along. Putting God first in everything and putting our money and possessions second gives us freedom because we don't become "slaves" to wanting to acquire more things.

Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a weekly/monthly amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit. Any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese. Become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to the 'donate' page on the parish website and choose how you wish to support the parish.

to support our parish
click [HERE](#) or use the QR
Code
Please chose where you
wish your
support to go.



Parish Meetings

Parish Pastoral Council: First Wednesday of Month
Parish Finance Council:
Safeguarding Committee: 7:30pm August 21st
Time Out : Third Wednesday of Month 12 noon

St Vincent de Paul Piety Stall

CASH ONLY—Sorry.

The piety stall has available items for Sacraments: stoles, cards, gifts. Opened: After 5:00pm Mass Saturday and 9:30 am Mass Sunday. For welfare enquiries please call Vinnies on 1800 305 330 Mon-Fri 10am –3pm

Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire– St Johns

Call Manuela at St John's Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

Journey through loss—August 14

When we lose a loved one, the emotions can be overwhelming, grieving can take many forms. Our friendly and informal gathering gives an opportunity to support each other as we journey through grief and loss. Please join us: Every second Wednesday of the month at 10:30am St John's Parish Office. Gold coin donation welcome.

Eucharistic Adoration

*With intention of Healing
and Healing Prayer
Ministry to follow*

**SATURDAY,
13 JULY 2024
7.00-8.00 PM**

(after 6PM Vigil Mass)

St John's the
Evangelist Church
494 Whitehorse Road,
Mitcham VIC 3132

Info: Fr Dispin 0413 683 153